



STAWISHA DADA- STADA KENYA

APRIL REPORT – 2025

ABBREVIATIONS AND ACCRONYMS:

| | |
|-------|--|
| Comm. | Communication |
| CUC | Court Users' Committee |
| GBV | Gender-Based Violence |
| H&H | Health and Hygiene |
| ICT | Information and Communication Technology |
| IDP | Internally Displaced Persons' |
| KEBS | Kenya Bureau of Standards |
| LWC | Life Water Canada |
| MoH | Ministry of Health |
| M&E | Monitoring and Evaluation |
| MH | Menstrual Health |
| MHM | Menstrual Health Management |
| RH | Reproductive Health |
| SGBV | Sexual Gender-Based Violence |
| SRH | Sexual and Reproductive Health |
| SRHR | Sexual and Reproductive Health Rights |
| STADA | Stawisha Dada |
| TARL | Teaching at the Right Level |
| WASH | Water Sanitation and Hygiene |
| WKSP | Western Kenya Sanitation Project |

INTRODUCTION

Founded in 2020, Stawisha dada (STADA) loosely translated as ‘thrive sister’ is a feminist human rights organization based in Kisumu County. STADA works to advance the rights of women and girls, and the health of all people.

STADA’s programs and projects are designed to influence change of community members’ attitudes and behavior around issues of gender equality and equity, gender-based violence, and health and well-being. STADA therefore uses transformational community-based methodologies in addressing gender inequalities, disparities, power relations and other social factors which perpetuate women’s and children’s rights violations.

OVERVIEW OF THE PROGRAM:

VISION:

“A community where girls and women have access to all basic human rights”

MISSION:

“To promote Community health, Gender equality, Education and human rights among girls and women through Evidence-based advocacy, Community empowerment, Capacity building, Social protection and Collaboration”

CORE VALUES

- ❖ **Feminism:** We believe everyone should have access to equal opportunity
- ❖ **Inclusion:** We involve and engage everyone in all our undertaking without leaving anyone behind.
- ❖ **Excellence:** We do our work with professionalism to sustain standards effectively and efficiently
- ❖ **Dignity:** We treat everyone with care and respect in all our undertaking
- ❖ **Accountability:** We take ownership of our work, stay on track with our goals and achieve success across the organization.

AREAS OF WORK

- ❖ Universal access to healthcare
- ❖ Feminist Movement Building
- ❖ Gender-based violence
- ❖ Water Sanitation and Hygiene
- ❖ Sanitary towels production
- ❖ Keeping girls in school
- ❖ Humanitarian services

STADA DEPARTMENTS

- ❖ Gender department
- ❖ Health department
- ❖ Education department

- ❖ Communication and Advocacy department
- ❖ Water Sanitation and Hygiene department
- ❖ Information Communication and Technology Department
- ❖ Monitoring and Evaluation department
- ❖ Humanitarian services department
- ❖ Finance department
- ❖ Governance and Leadership

DEPARTMENTAL REPORTS

MENTAL HEALTH DEPARTMENT

Department Overview

Mission:

- ❖ To achieve SDG number 3, good health, and well-being:
- ❖ To provide comprehensive mental health and social services in the community

Specific Objectives:

- ❖ Improve mental health services and provide support to the vulnerable populations in the community
- ❖ Foster partnerships and collaborations with the Mental Health Department at KCRH and other mental health stakeholders
- ❖ To equip community counselors with the basic skills in counseling to enable them to offer psychosocial services.

Activities conducted in April:

1. Psychosocial Support Activities for CRIF Project

❖ Kobura Teen Moms

- Continued screening for Depression, Anxiety, and PTSD was conducted among teen mothers at Kobura. This ongoing initiative is crucial in identifying and addressing mental health concerns early
- Mental Health Sensitization for New Teen Moms
- A mental health sensitization session was held for newly enrolled teen mothers; served as recap for continuing ten moms. The session aimed to increase awareness about mental health, reduce stigma, and equip the mothers with coping mechanisms to handle emotional and psychological challenges. The discussions included self-care techniques, and the importance of seeking professional support when needed.
- Reflection Session on Self- Awareness and Strength- Based Interventions: helps in recognizing personal strengths, building resilience and developing positive self-identity despite their challenges

- ❖ Commencement of Screening at Ogenya Teen Moms Center

- Mental health screening was introduced at Ogenya Teen Moms Center to establish a baseline for psychological well-being, assess individual needs, and evaluate the impact of interventions over time.

2. Serenity Seekers Project

❖ Mental Health Awareness in Junior Secondary Schools

- An introductory mental health session was conducted in Karanda Comprehensive, Ong'eché JSS and Alendu Primary, targeting Junior Secondary School (JSS) students (Grades 7 and 8). The sessions focused on understanding mental health, recognizing common mental health challenges, and the importance of peer support.
- ❖ A key component of the sessions was the establishment of mental health clubs within schools.

3. World Bipolar Day Activities

- On March 29th, the National World Bipolar Day event was held in Kisumu. This annual observance aims to raise awareness about Bipolar Disorder, reduce stigma, and advocate for its official recognition by the World Health Organization (WHO).
- The department actively participated in both physical and online planning meetings to ensure the event's success. Discussions focused on advocacy strategies, public education initiatives, and ways to enhance support systems for individuals living with Bipolar Disorder. The event provided a platform for mental health professionals, advocates, and individuals with lived experiences to share insights and promote community awareness.

4. Outpatient Clinic Activities

❖ Mental Health Sensitization Talks

- Educational talks on mental health were conducted for outpatient clients and caregivers.

5. Ongoing Screening for Depression and PTSD

- Routine screening for Depression and PTSD continued at the outpatient clinic to identify at-risk individuals and facilitate timely interventions. Screening data will help track trends in mental health conditions and inform future program adjustments to better serve the community.

6. Mental health department meeting with Counselor for Peer Counseling Training

- A meeting was held with an identified counselor to discuss the structuring of the training for volunteers. The training is expected to enhance peer support networks and equip the volunteers with skills to provide basic psychological assistance.

7. Staff well-being initiatives

- Ongoing staff mental health support

8. Psychosocial support for pregnant mothers across Kisumu East.

GENDER DEPARTMENT

Department Overview

Mission

STADA's Gender Department aims to achieve Sustainable Development Goal 5 by promoting gender equality, empowering women and girls, and ending discrimination, violence, and harmful practices, incorporating gender considerations in development planning. The organization aims to promote gender-inclusive development planning, challenge historical gender-based oppressions, and promote the fair political and socioeconomic advancement of women and girls.

Specific objectives

- ❖ Achieve gender equality and empower all women and girls.

Activities Conducted in March:

A. Teen Moms'

1. Kobura

Key activities and achievements

- ❖ We continue practicing with the beadwork.
- ❖ We engaged in dancing.
- ❖ We met and pre-visit last agenda under menstrual health talk, we focused mainly on the different types of family planning methods and got to understand it deeply.
- ❖ We had a session with mental health which was one on one talk concerning the question we did during our last meeting e.g. who is your role model.
- ❖ We also had a mental health screening.
- ❖ We engaged in making liquid soap.
- ❖ We sat for STADA VTC exams which was well done.
- ❖ We had a meeting with the director and we discussed about the financial literacy e.g. economic empowered, accountability of money etc.
- ❖ We met and discussed the project and activities that we will engaged in e.g. poultry farming, space and area for our salonist and also continue with our various activities.

2. Ogenya

- ❖ **On 6th March**, I met teen mum's at Akongo Origas home, we had a visitor from Stada Kenya, they were assessed on Mental issues one by one, after that they left at their own pleasure.
- ❖ **On 27th March**, I met 15 teen mum's at Akongo Origa's home, we had visitors from Stada Kenya, we had assessment from Mental health department for the remaining teen mum's who had not been assessed, after which we select our leader for different department as teen mum's. We made our timetable for the week and we agreed to meet 3 times a week. We discussed on health and hygiene where we talked about bathing therapeutically. We prayed and dispersed at our own pleasure.
- ❖ **On 31 March**, I met 16 teen mom's at Akongo Origa's home. We had a prayer from Eusaviar, our activities of the day was bead making and health talk. Since we did not have beads we agreed as teen mum's to contribute 20bob and buy beads for next meeting. On health talk we discussed on feeding a baby and how to protect a baby especially at this time of corona. We closed the meeting by a word of prayer from Helen and we dispersed.
- ❖ **On 2nd March**, I met teen mom's at Akongo Origa's home. We had Mental health and drama, under mental health we discussed on what life means for us, after which we composed a drama, we prayed and disperse.
- ❖ **On 4th March**, I met teen mom's at Akongo Origa's home, we had a prayer from Helen, and we practiced our drama and perfected the weak areas, though we still need some skills. We prayed and dispersed.
- ❖ **On 9th March**, We met 16 teen moms, at Akongo Origas home, after prayer we practiced our drama.

3. Nyabondo

❖ 1/4/2025

The meeting was a success with all widows' present, they begun the meeting with a word of encouragement from the Bible then a general prayer, finally a few of them had a chance to share their life experiences and were grateful to God this far He has brought them. After the usual table banking, the meeting ended at 11:30am.

❖ 8/4/2025

Widows' meeting was well attended with only two who attended a forum to be taught about farming, were absent. Finance officer from the nearby table banking group educated the widows more about how to invest in table banking in order to get best earnings during sharing -out, after the long discussion, the meeting ended with a word of prayer from the chairlady.

❖ 22/4/2025

The meeting was well attended with a good number of widows' except some four members who were absent with apology, after their weekly activities, a visitor

from STADA Kisumu office department of mental health accompanied by the director of the NGO graced the meeting.

The widows were combined together with young mothers and much about causes of mental ill health was elaborated by the officer, he finally gave ways to have good mental health, after it was realized that a big number of them had poor mental health, the director and the mental health officer then promised to return to perform screening on them.

B. GBV

- ❖ We had a meeting with head of teen moms from Nyabondo and Ogenya to discuss on how we can get to form the survivor forums from the two places and planned a visit.
- ❖ Had a meeting with the paralegal from Kolwa East to plan a date on when to meet with the survivors.
- ❖ Followed up a case of three girls who were defiled by one person and the perpetrator disappeared but was found and now he is in Kodiaga.
Had an internal meeting with the paralegal to discuss on how the survivor that has an issue with the eye is to be helped, we agreed that it should be done in the month of May.

C. Vocational Training Centre

Overview

The STADA VTC focuses on imparting hands-on skills to beneficiaries (teen mums) and looking forward to incorporating other members of the community. The courses offered are NITA accredited, and eligible to students having a minimum of a Kenya Certificate and Primary Education (KCPE) certificate. Courses include Hairdressing and Beauty Therapy, Counseling Psychology, alongside Solar Training.

Key Activities

- ❖ Blow-dry: The students learnt how to straighten client hair as well as applying some oil (hair food) to the client's scalp and hair.
- ❖ Styling: The students learnt how to use rollers, hair pins, security plastic pin and straight pins for setting the relaxer hair.
- ❖ Braiding: The students learnt how to make different types of hair style using braids such as, piss line, Obama, dreadlocks and twist.
- ❖ Twist out: Students learnt how to braid natural hair using wax.
- ❖ Drier: The students learnt how to operate the drier.

Challenges

- ❖ Language barrier: Some of our students do not understand the contents of learning especially during theory classes which leads to poor communication.

- ❖ Attitude: Some students when corrected with their leaders in class they take it personal and start showing their teacher attitude.
- ❖ Time management: Most of the students do not like coming to school on time and this leads to wastage of time when the tutor arrives early.

Recommendation

- ❖ Teachers should use common language to students who are not able to understand what they are being taught in class especially in theories as well as practical's.
- ❖ The students had good understanding during their practical school work hence all has capacity in performing practical.

Conclusion

- ❖ The STADA VCT offers our gratitude to our leaders, Directors and all the department who supported us. We are also looking forward to admit more teen moms.

EDUCATION DEPARTMENT

Executive Summary

STADA aims at achieving Sustainable Development Goals (SDG) number 4, Quality Education, by ensuring that children going to school are comprehensively learning and achieving foundational literacy and numeracy as early as grade 3. Our vision is for each child to develop a curiosity about learning, discover their interests, and grow in their love of learning. STADA desires to develop a strong reading culture, an environment where reading is championed, valued, respected, and encouraged. This is achieved by fastening the abilities of those lagging behind in their ability to read. We desire to have all-around children, talented, disciplined, and confident in facing life challenges, as we prepare them for future leadership.

The library engages learners from 4 to 16 years, and focuses on Early Childhood Development, Pre-Primary Education, Primary Education, and Junior Secondary through to High School levels. Currently, the STADA Community library is non funded, but depends on well-wishers who donate learning materials to the students, and volunteers taking the learners through their lessons.

Mission

- ❖ To improve educational and social literacy amongst students in the implementation community.

Objectives

- ❖ To promote a culture of reading among the children in the community
- ❖ To equip learners with extra information from the class.

- ❖ To bring information close to the learners who might not under ordinary circumstances access such information.
- ❖ To promote self-expression, self-discipline, and self-reliance among the learners
- ❖ To create an atmosphere for them to discover, develop, deploy, and express their skills
- ❖ To improve reading fluency by allowing the learners to take turns reading aloud, listening to group members read, and following along as others read.

Activities conducted in April:

- ❖ We conducted ready sessions by using the educational video, whereby they read Aa-Zz jolly phonic songs with lyrics and sounds.
- ❖ We also engaged the kids in kid vocabulary where they learnt parts of the body and different types of names of animals in three languages, that is, in English, Kiswahili and in mother tongue.
- ❖ We also used the ABC for beginners to identify the letters, sounds and vowels.
- ❖ We conducted mathematics Revisions using the revision books.
- ❖ We engaged the kids in storytelling sessions, whereby every kid was giving out the story they know, this was to improve their listening skills.
- ❖ We conducted PPI sessions to make them live in a spiritual way.
- ❖ We also conducted Art and craft, they drew different pictures and colored them.

HUMANITARIAN DEPARTMENT

Department Overview

The department focus on giving back to the society by ensuring an improvement in their livelihoods

Mission

- ❖ To improve the livelihood of communities served in the implementation area

Objectives

- ❖ To ensure widows and orphans have access to basic needs including food, shelter, clothing and health.
- ❖ To promote justice, fairness, and equity to widows amidst the cultural norms such as inheritance, and land succession

Activities conducted in April:

The department conducted one activity at Ogenya IDP Camp in collaboration with the Sew-Love Inc. Organization. Items distributed included dry foodstuff, clothing, SPA and an open-air crusade. Plans are still underway for additional activities.

COMMUNICATION DEPARTMENT

Department Overview

Mission:

To convey information-and the understanding of the information from the organization to our audience, stakeholders or beneficiaries.

Specific objectives:

- ❖ To document activities.
- ❖ To create awareness
- ❖ To Educate.

Activities conducted in April:

- ❖ Drafted social media calendar for the month of April.
- ❖ Daily social media updates.
- ❖ Documented the challenges faced with our different teams at the field.
- ❖ Documented different activities within the organization. (Vocational Center/Community Library/Day Care)
- ❖ We did pictures and video editing.
- ❖ Conducted a street quiz.
- ❖ Documented the mental health success stories.

ICT DEPARTMENT

Department Overview

The ICT department manages the organization's technological systems, and maintains their functions and underlying infrastructures. The personnel also ensure that the hardware and software are fully managed for their subsequent operations. The department also provides administrative, technical, and program support to the organization regarding system performance.

Objectives

- ❖ **Improving communication:** ICT helps the organization communicate more efficiently with employees and suppliers. This can be done through tools like email, video conferencing, and instant messaging.

- ❖ **Streamlining work processes:** ICT helps the organization streamline work processes, which can save employees time and make operations more efficient.
- ❖ **Achieving operational excellence:** ICT helps the organization achieve operational excellence.
- ❖ **Recommending new software:** ICT helps organization creates/recommends new tools and software.
- ❖ **Improving decision-making:** ICT can help organizations improve decision-making.

Roles and responsibilities

- ❖ Oversee maintenance and repair of all electronics including computers, printers, projectors etc.
- ❖ Maintain and update the website. Report on weekly, monthly and annual updates
- ❖ Backup all organization data including reports, photos, work plans, research, findings and data
- ❖ Compile and share all wash reports with the donor
- ❖ Conduct routine community mobilization for WASH Projects together with M&E department and relevant WASH officer
- ❖ Undertake digitization of maps for WASH projects together with the M&E department
- ❖ Perform any other assigned tasks

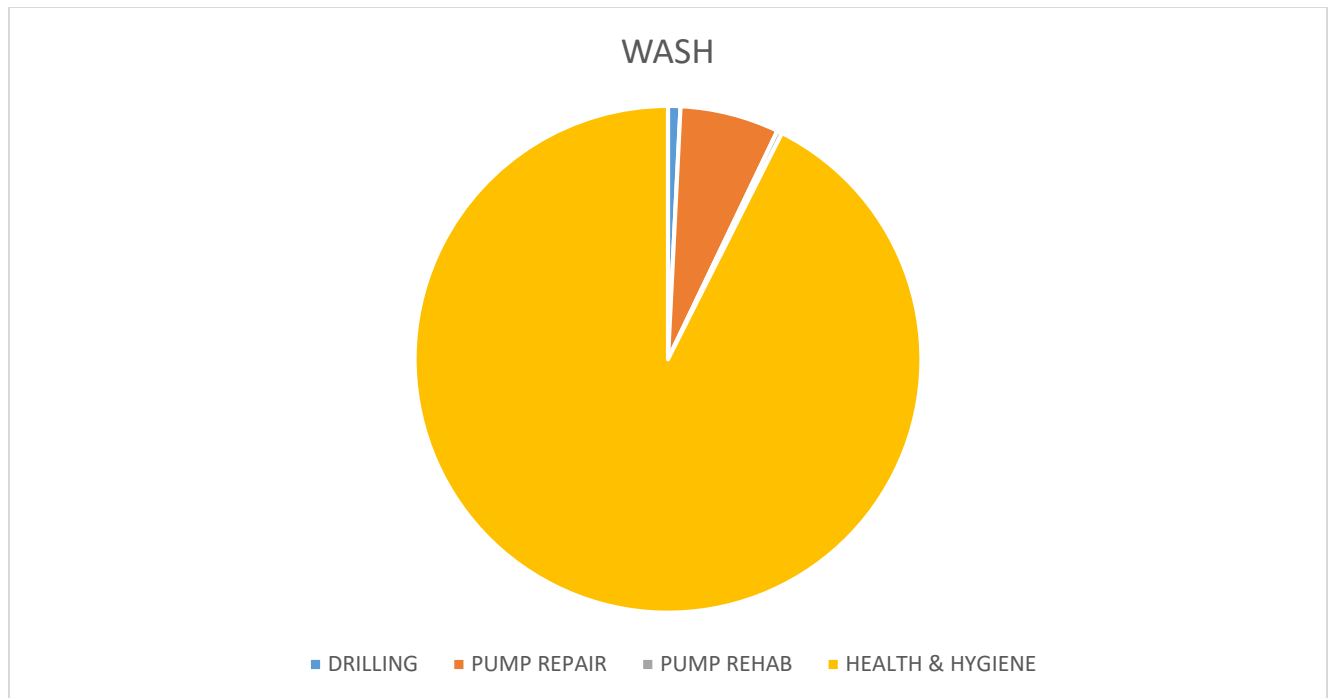
Activities conducted in April:

1. WASH REPORT COMPILATION

In the Year 2025, the month of March as a department we managed to compile and submit WASH reports as follows:

1. Drilling - 5
2. Pump repair - 40
3. Pump Rehabilitation - 2
4. Health and Hygiene - 30

The above reports were compiled as represented in the pie chart below:



2. LAPTOP PURCHASES AND REPAIRS

This month the office has not purchased any laptops. A laptop and a desktop need repair as soon as possible with charges to be purchased. Most chargers blow up and it is suspected that the flow of power might have an error, as a department we request an electrician to be involved to confirm this.

3. NETWORK FLOW OF THE MONTH

In the month of March the diagnosis report of the internet flow was very poor as below:

Diagnostic Tools



Click the Start button to test the Internet connection of the router.

Start

Please check if the LAN or WAN port is properly connected.

Pass

Test WAN Connection

Pass

Network Connection Status Inspect (NCSI)

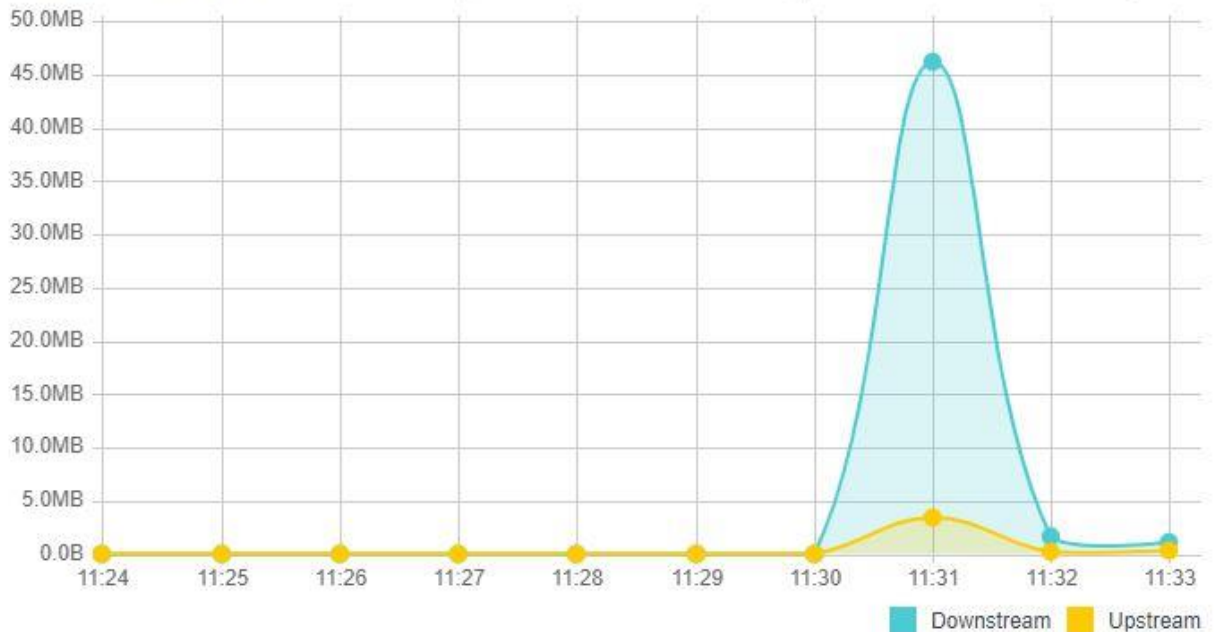
Pass

Diagnostics completed

The Traffic Usage of All Devices:

All Devices

Minutely



4. WEBSITE UPDATES

In March we had a meeting on changes to be made on the organization website, as a department we continue with editing process to give the website a standard and unique shape with all information displayed and able to access by end users.

5. FIELD WORK AND CONSULTANCY

As a cross-cutting department, we managed to answer relevant ICT questions from different departments so as to better Technology communications and flow of work in the office.

MONITORING & EVALUATION DEPARTMENT

Department Overview

The Monitoring and Evaluation (M&E) Department is responsible for assessing the effectiveness and the impact of the STADA Organization's programs and initiatives. The department ensures that activities are implemented according to plan, achieving desired outcomes and objectives. Through data collection, analysis and reporting, the M&E team provides valuable insights that inform decision making, improve program performance, and demonstrates accountability. The department also tracks progress against set indicators, evaluates the sustainability and scalability of intervention, and ensures the lessons learned are integrated in the future programs.

Specific Objectives:

- ❖ To design a monitoring and evaluation framework for the underlying projects comprising: goals, outcomes, outputs, assumptions and pathways to change.
- ❖ To develop systems that capture information from inception to closure of programs.
- ❖ To design tools for data collection, both online and offline
- ❖ To collect and analyze data which is in turn translated to information to influence the performance/running of projects
- ❖ To apply the theory of change to assess the program performance within the reporting period.
- ❖ To conduct continuous quality improvement mechanisms to support the projects that require improvement to achieve the targets
- ❖ To design an appropriate beneficiary feedback mechanism, to assess the project performance and identify areas that require improvement.

Activities conducted in April:

- ❖ Received and complied departmental monthly reports and prepared presentation slides.
- ❖ Developed and reviewed data collection tools for activities.
- ❖ Entered WASH projects data into an online database uploaded to the website.
- ❖ Developed April monthly report and prepared May work plan.
- ❖ Attended a planning meeting for the Transactional Sex for Fish Project.
- ❖ Researched on scientific paper writing and developed a template.

PROGRAMS DEPARTMENT

Below is a summary of the activities conducted by the Programs Department in April

- ❖ Review and development of the drilling department workplans, and follow up with the outlined sites for scheduling before drilling is done.
- ❖ Filing and retrieval of request forms (new requests received, sites scheduled, and sites where drilling has been conducted) both in the database and an offline hard copy.
- ❖ Inter-departmental meetings with the Director and STADA staff to discuss the progress of project activities.
- ❖ Compilation and submission of field reports, both individual and per project, i.e. CRIF, and USAID.
- ❖ Development of field data collection templates (for the WASH department) to assist in follow up of projects and also ensure ease in obtaining field data.
- ❖ Stakeholder engagement for the CRIF Project; Reaching out to the National Industrial Training Authority (NITA) to check on the accreditation process, before the institution is given a center number.
- ❖ Pre-mobilization of four WASH drilling sites (True Jesus Church, Korowe SDA, Okana ECCA Church and Korowe Repentance and Holiness Church) and submission of the visit reports to the ICT department for reporting.
- ❖ Formulation of the drilling department May workplan, for early planning and scheduling of the sites to be drilled.

WASH REPORTS

The following activities were conducted in the month of March:

| Drilling | Rehabilitation | Repair | Health and Hygiene | Total |
|----------|----------------|--------|--------------------|-------|
| 5 | 2 | 40 | 30 | 77 |

Best practices:

Proper collaboration with the communities, which ensured safety of machines and timely provision of casual laborers

Challenges:

Two of our WASH projects in Ogenya were not conducted because of the rainy season

Breakdown of machines that made drilling take a bit longer in some sites.