



STAWISHA DADA- STADA KENYA

MARCH REPORT – 2025

ABBREVIATIONS AND ACCRONYMS:

| | |
|-------|--|
| Comm. | Communication |
| CUC | Court Users' Committee |
| GBV | Gender-Based Violence |
| H&H | Health and Hygiene |
| ICT | Information and Communication Technology |
| IDP | Internally Displaced Persons' |
| KEBS | Kenya Bureau of Standards |
| LWC | Life Water Canada |
| MoH | Ministry of Health |
| M&E | Monitoring and Evaluation |
| MH | Menstrual Health |
| MHM | Menstrual Health Management |
| RH | Reproductive Health |
| SGBV | Sexual Gender-Based Violence |
| SRH | Sexual and Reproductive Health |
| SRHR | Sexual and Reproductive Health Rights |
| STADA | Stawisha Dada |
| TARL | Teaching at the Right Level |
| WASH | Water Sanitation and Hygiene |
| WKSP | Western Kenya Sanitation Project |

INTRODUCTION

Founded in 2020, Stawisha dada (STADA) loosely translated as ‘thrive sister’ is a feminist human rights organization based in Kisumu County. STADA works to advance the rights of women and girls, and the health of all people.

STADA’s programs and projects are designed to influence change of community members’ attitudes and behavior around issues of gender equality and equity, gender-based violence, and health and well-being. STADA therefore uses transformational community-based methodologies in addressing gender inequalities, disparities, power relations and other social factors which perpetuate women’s and children’s rights violations.

OVERVIEW OF THE PROGRAM:

VISION:

“A community where girls and women have access to all basic human rights”

MISSION:

“To promote Community health, Gender equality, Education and human rights among girls and women through Evidence-based advocacy, Community empowerment, Capacity building, Social protection and Collaboration”

CORE VALUES

- ❖ **Feminism:** We believe everyone should have access to equal opportunity
- ❖ **Inclusion:** We involve and engage everyone in all our undertaking without leaving anyone behind.
- ❖ **Excellence:** We do our work with professionalism to sustain standards effectively and efficiently
- ❖ **Dignity:** We treat everyone with care and respect in all our undertaking
- ❖ **Accountability:** We take ownership of our work, stay on track with our goals and achieve success across the organization.

AREAS OF WORK

- ❖ Universal access to healthcare
- ❖ Feminist Movement Building
- ❖ Gender-based violence
- ❖ Water Sanitation and Hygiene
- ❖ Sanitary towels production
- ❖ Keeping girls in school
- ❖ Humanitarian services

STADA DEPARTMENTS

- ❖ Gender department
- ❖ Health department
- ❖ Education department

- ❖ Communication and Advocacy department
- ❖ Water Sanitation and Hygiene department
- ❖ Information Communication and Technology Department
- ❖ Monitoring and Evaluation department
- ❖ Humanitarian services department
- ❖ Finance department
- ❖ Governance and Leadership

DEPARTMENTAL REPORTS

MENTAL HEALTH DEPARTMENT

Department Overview

Mission:

- ❖ To achieve SDG number 3, good health, and well-being:
- ❖ To provide comprehensive mental health and social services in the community

Specific Objectives:

- ❖ Improve mental health services and provide support to the vulnerable populations in the community
- ❖ Foster partnerships and collaborations with the Mental Health Department at KCRH and other mental health stakeholders
- ❖ To equip community counselors with the basic skills in counseling to enable them to offer psychosocial services.

Activities conducted in March:

1. Psychosocial Support Activities for CRIF Project

- ❖ Kobura Teen Moms
 - Continued screening for Depression, Anxiety, and PTSD was conducted among teen mothers at Kobura. This ongoing initiative is crucial in identifying and addressing mental health concerns early
 - Mental Health Sensitization for New Teen Moms
 - A mental health sensitization session was held for newly enrolled teen mothers; served as recap for continuing ten moms. The session aimed to increase awareness about mental health, reduce stigma, and equip the mothers with coping mechanisms to handle emotional and psychological challenges. The discussions included self-care techniques, and the importance of seeking professional support when needed.
 - Reflection Session on Self- Awareness and Strength- Based Interventions: helps in recognizing personal strengths, building resilience and developing positive self-identity despite their challenges
- ❖ Commencement of Screening at Ogenya Teen Moms Center

- Mental health screening was introduced at Ogenya Teen Moms Center to establish a baseline for psychological well-being, assess individual needs, and evaluate the impact of interventions over time.

2. Serenity Seekers Project

❖ Mental Health Awareness in Junior Secondary Schools

- An introductory mental health session was conducted in Karanda Comprehensive, Ong'eché JSS and Alendu Primary, targeting Junior Secondary School (JSS) students (Grades 7 and 8). The sessions focused on understanding mental health, recognizing common mental health challenges, and the importance of peer support.
- ❖ A key component of the sessions was the establishment of mental health clubs within schools.

3. World Bipolar Day Activities

- On March 29th, the National World Bipolar Day event was held in Kisumu. This annual observance aims to raise awareness about Bipolar Disorder, reduce stigma, and advocate for its official recognition by the World Health Organization (WHO).
- The department actively participated in both physical and online planning meetings to ensure the event's success. Discussions focused on advocacy strategies, public education initiatives, and ways to enhance support systems for individuals living with Bipolar Disorder. The event provided a platform for mental health professionals, advocates, and individuals with lived experiences to share insights and promote community awareness.

4. Outpatient Clinic Activities

❖ Mental Health Sensitization Talks

- Educational talks on mental health were conducted for outpatient clients and caregivers.

5. Ongoing Screening for Depression and PTSD

- Routine screening for Depression and PTSD continued at the outpatient clinic to identify at-risk individuals and facilitate timely interventions. Screening data will help track trends in mental health conditions and inform future program adjustments to better serve the community.

6. Mental health department meeting with Counselor for Peer Counseling Training

- A meeting was held with an identified counselor to discuss the structuring of the training for volunteers. The training is expected to enhance peer support networks and equip the volunteers with skills to provide basic psychological assistance.

7. Staff well-being initiatives

- Ongoing staff mental health support

8. Psychosocial support for pregnant mothers across Kisumu East.

GENDER DEPARTMENT

Department Overview

Mission

STADA's Gender Department aims to achieve Sustainable Development Goal 5 by promoting gender equality, empowering women and girls, and ending discrimination, violence, and harmful practices, incorporating gender considerations in development planning. The organization aims to promote gender-inclusive development planning, challenge historical gender-based oppressions, and promote the fair political and socioeconomic advancement of women and girls.

Specific objectives

- ❖ Achieve gender equality and empower all women and girls.

Activities Conducted in March:

A. Teen Moms'

1. Kobura

Key activities and achievements

- ❖ We continue practicing with the beadwork, in that all teen moms were able to make and sell.
- ❖ We engaged in making liquid soap, some teen moms now have an idea to mix the chemicals and make it to become a liquid soap.
- ❖ Arts initiatives-we had a discussion of the drama progress and familiarizing with the content related to it and doing examples
- ❖ We had a session with menstrual health, we learned about family planning, types of family planning, side effects and important of family planning methods. We also learned about general cleanliness and different types of pads and their uses.
- ❖ We had a session with mental health department, where we discussed about the signs of mental health, effects and prevention of mental health. We also discussed problems caused by mental health e.g. being sad.

Challenges

- ❖ Absenteeism-Teen moms have poor attendance rates which fluctuates at a time.
- ❖ Attitudes -some teen are showing bad attitude towards their leaders.
- ❖ Time management-most of the teen moms come late and this lead to wastage of time to our teachers.

Recommendation

- ❖ Getting a bigger space for doing our activities such as performing arts.

Conclusion

- ❖ Our gratitude as a teen moms goes to all the departments for the continuous support in our various activities .We want to extend our heartfelt thanks to any department who has supported us.

2. Ogenya

- ❖ **On 6th March**, I met teen mum's at Akongo Origas home, we had a visitor from Stada Kenya, they were assessed on Mental issues one by one, after that they left at their own pleasure.
- ❖ **On 27th March**, I met 15 teen mum's at Akongo Origa's home, we had visitors from Stada Kenya, we had assessment from Mental health department for the remaining teen mum's who had not been assessed, after which we select our leader for different department as teen mum's. We made our timetable for the week and we agreed to meet 3 times a week. We discussed on health and hygiene where we talked about bathing therapeutically. We prayed and dispersed at our own pleasure.
- ❖ **On 31 March**, I met 16 teen mom's at Akongo Origa's home. We had a prayer from Eusaviar, our activities of the day was bead making and health talk. Since we did not have beads we agreed as teen mum's to contribute 20bob and buy beads for next meeting. On health talk we discussed on feeding a baby and how to protect a baby especially at this time of corona. We closed the meeting by a word of prayer from Helen and we dispersed.
- ❖ **On 2nd March**, I met teen mom's at Akongo Origa's home. We had Mental health and drama, under mental health we discussed on what life means for us, after which we composed a drama, we prayed and disperse.
- ❖ **On 4th March**, I met teen mom's at Akongo Origa's home, we had a prayer from Helen, and we practiced our drama and perfected the weak areas, though we still need some skills. We prayed and dispersed.
- ❖ **On 9th March**, We met 16 teen moms, at Akongo Origas home, after prayer we practiced our drama.

3. Nyabondo

- ❖ **25/3/2025**
 - The meeting started at 8:30 am with all widows' present, after their weekly contributions and table banking, they received a report from those who went to

check on chicken prices for their project, but unfortunately the prices were high therefore they decided to check out other areas

❖ **18/3/2025**

- The widows' meeting was well attended and all the widows were present except two who sent their apologies. After the meeting a few of them went to check on chicken prices they plan to purchase for their rearing project that they will start soon after their sharing -out, report on that will be shared on next week's meeting.

❖ **11/3/2025**

- The meeting was a success with all widows' present, they contributed for their fellow member who lost her grandmother then later discussed on what to purchase with their 6000/- savings for the catering between tea harn (the big flask) and a sufuria later on agreed to pick tea harn instead since it's of high demand.

❖ **4/3/2025**

- The meeting was well attended with all 24 widows' present, the meeting was also to make new group constitution for the year, this is due to the low and delayed return of loans that have been witnessed which has delayed the group's plans that were to happen this year.

B. GBV

- ❖ Had a meeting with Ben to discuss the way forward to collect GBV cases and we came up with a data collection tool.
- ❖ Had a discussion with Janelle to get to reach the survivors from Kolwa East but unfortunately the MOH could not allow us reach them hence we opted to work with those at CCF.
- ❖ Together with the paralegal, we had a meeting with a paralegal from Kolwa East to get to get to know how we can reach the survivors from there to have a survivor's forum. We found the fifteen survivors.
- ❖ Got to gather survivors from Kobura to form a forum with them.
- ❖ Documented three cases in Nyang'ande.
- ❖ Documented two cases of a 17 and a 14 year old.

C. Vocational Training Centre

Overview

The STADA VTC focuses on imparting hands-on skills to beneficiaries (teen mums) and looking forward to incorporating other members of the community. The courses offered are NITA accredited, and eligible to students having a minimum of a Kenya Certificate and Primary Education (KCPE) certificate. Courses include Hairdressing and Beauty Therapy, Counseling Psychology, alongside Solar Training.

Key Activities

- ❖ Blow-dry: The students learnt how to straighten client hair as well as applying some oil (hair food) to the client's scalp and hair.
- ❖ Styling: The students learnt how to use rollers, hair pins, security plastic pin and straight pins for setting the relaxer hair.

- ❖ Braiding: The students learnt how to make different types of hair style using braids such as, piss line, Obama, dreadlocks and twist.
- ❖ Twist out: Students learnt how to braid natural hair using wax.
- ❖ Drier: The students learnt how to operate the drier.

Challenges

- ❖ Language barrier: Some of our students do not understand the contents of learning especially during theory classes which leads to poor communication.
- ❖ Attitude: Some students when corrected with their leaders in class they take it personal and start showing their teacher attitude.
- ❖ Time management: Most of the students do not like coming to school on time and this leads to wastage of time when the tutor arrives early.

Recommendation

- ❖ Teachers should use common language to students who are not able to understand what they are being taught in class especially in theories as well as practical's.
- ❖ The students had good understanding during their practical school work hence all has capacity in performing practical.

Conclusion

- ❖ The STADA VCT offers our gratitude to our leaders, Directors and all the department who supported us. We are also looking forward to admit more teen moms.

EDUCATION DEPARTMENT

Executive Summary

STADA aims at achieving Sustainable Development Goals (SDG) number 4, Quality Education, by ensuring that children going to school are comprehensively learning and achieving foundational literacy and numeracy as early as grade 3. Our vision is for each child to develop a curiosity about learning, discover their interests, and grow in their love of learning. STADA desires to develop a strong reading culture, an environment where reading is championed, valued, respected, and encouraged. This is achieved by fastening the abilities of those lagging behind in their ability to read. We desire to have all-around children, talented, disciplined, and confident in facing life challenges, as we prepare them for future leadership.

The library engages learners from 4 to 16 years, and focuses on Early Childhood Development, Pre-Primary Education, Primary Education, and Junior Secondary through to High School levels. Currently, the STADA Community library is non funded, but depends on well-wishers who donate learning materials to the students, and volunteers taking the learners through their lessons.

Mission

- ❖ To improve educational and social literacy amongst students in the implementation community.

Objectives

- ❖ To promote a culture of reading among the children in the community
- ❖ To equip learners with extra information from the class.
- ❖ To bring information close to the learners who might not under ordinary circumstances access such information.
- ❖ To promote self-expression, self-discipline, and self-reliance among the learners
- ❖ To create an atmosphere for them to discover, develop, deploy, and express their skills
- ❖ To improve reading fluency by allowing the learners to take turns reading aloud, listening to group members read, and following along as others read.

Activities conducted in March:

- ❖ Engaged the kids in story telling sessions where the kids were giving out the stories they know.
- ❖ We conducted math contest
- ❖ We engaged the kids in book reading sessions whereby they were identifying sounds and correct spelling in both English and Kiswahili, they also wrote short sentences and being able to read properly
- ❖ We conducted life skills where we did groupings among boy/girls and taught them on health and hygiene
- ❖ We did art and craft with the learners, engaging them in drawing pictures of their own choice and coloring and in modeling using soft clays
- ❖ In creative hub we engaged in singing and dancing and song writing

Challenges

- ❖ There was low turnout among the learners which was attributed to bad weather
- ❖ There are few marker pens [red and blue]
- ❖ There are no modeling clay
- ❖ Some learners have low ability hence need direct translation

Recommendations

- ❖ There is need to improve play ground to create space enough for the learners
- ❖ We need assistance with in direct translation to assist weak learners

- ❖ We also need materials like manila papers to for creative sewing.

HUMANITARIAN DEPARTMENT

Department Overview

The department focus on giving back to the society by ensuring an improvement in their livelihoods

Mission

- ❖ To improve the livelihood of communities served in the implementation area

Objectives

- ❖ To ensure widows and orphans have access to basic needs including food, shelter, clothing and health.
- ❖ To promote justice, fairness, and equity to widows amidst the cultural norms such as inheritance, and land succession

Activities conducted in March:

The department conducted one activity at Ogenya IDP Camp in collaboration with the Sew-Love Inc. Organization. Items distributed included dry foodstuff, clothing, SPA and an open-air crusade. Plans are still underway for additional activities.

COMMUNICATION DEPARTMENT

Department Overview

Mission:

To convey information-and the understanding of the information from the organization to our audience, stakeholders or beneficiaries.

Specific objectives:

- ❖ To document activities.
- ❖ To create awareness
- ❖ To Educate.

Activities conducted in March:

- ❖ Compiling social media calendar.
- ❖ Documented Serenity seeker at Karanda and Ong'eche.
- ❖ Writing articles.
- ❖ Captioning volunteer story for website.
- ❖ Writing stories for 5 YouTube Documentary videos;

- a) Impact of feminist movement, Nyabondo
 - b) WASH project impact on education, Ogenya
 - c) STADA believes in service to humanity
 - d) STADA community library documentary
 - e) Women trading sex for fish in Nyamware
- ❖ Pictures Editing.
- ❖ Recording for short videos with Drilling team and the health and hygiene team
- ❖ Social Media Updates.

ICT DEPARTMENT

Department Overview

The ICT department manages the organization's technological systems, and maintains their functions and underlying infrastructures. The personnel also ensure that the hardware and software are fully managed for their subsequent operations. The department also provides administrative, technical, and program support to the organization regarding system performance.

Objectives

- ❖ **Improving communication:** ICT helps the organization communicate more efficiently with employees and suppliers. This can be done through tools like email, video conferencing, and instant messaging.
- ❖ **Streamlining work processes:** ICT helps the organization streamline work processes, which can save employees time and make operations more efficient.
- ❖ **Achieving operational excellence:** ICT helps the organization achieve operational excellence.
- ❖ **Recommending new software:** ICT helps organization creates/recommends new tools and software.
- ❖ **Improving decision-making:** ICT can help organizations improve decision-making.

Roles and responsibilities

- ❖ Oversee maintenance and repair of all electronics including computers, printers, projectors etc.
- ❖ Maintain and update the website. Report on weekly, monthly and annual updates
- ❖ Backup all organization data including reports, photos, work plans, research, findings and data
- ❖ Compile and share all wash reports with the donor
- ❖ Conduct routine community mobilization for WASH Projects together with M&E department and relevant WASH officer

- ❖ Undertake digitization of maps for WASH projects together with the M&E department
- ❖ Perform any other assigned tasks

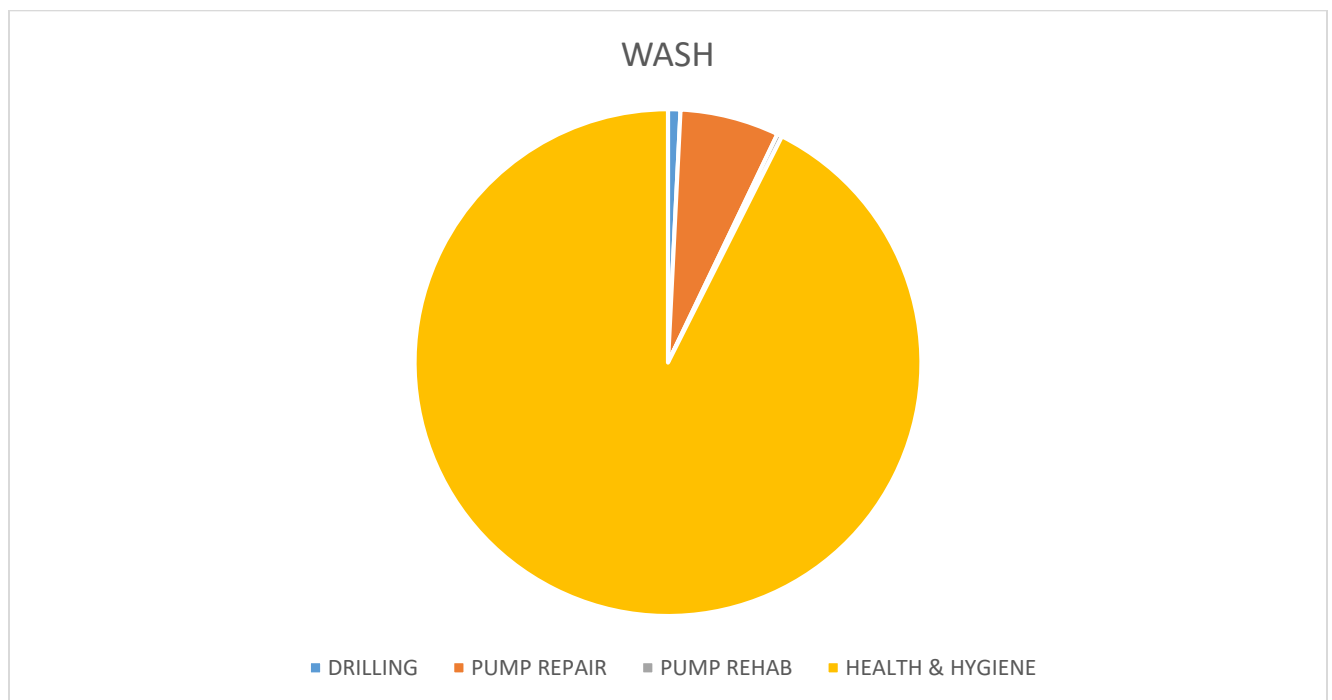
Activities conducted in March:

1. WASH REPORT COMPILATION

In the Year 2025, the month of March as a department we managed to compile and submit WASH reports as follows:

1. Drilling - 5
2. Pump repair - 40
3. Pump Rehabilitation - 2
4. Health and Hygiene - 30

The above reports were compiled as represented in the pie chart below:



2. LAPTOP PURCHASES AND REPAIRS

This month the office has not purchased any laptops. A laptop and a desktop need repair as soon as possible with charges to be purchased. Most chargers blow up and it is suspected that the flow of power might have an error, as a department we request an electrician to be involved to confirm this.

3. NETWORK FLOW OF THE MONTH

In the month of March the diagnosis report of the internet flow was very poor as below:

Diagnostic Tools



Click the Start button to test the Internet connection of the router.

Start

Please check if the LAN or WAN port is properly connected.

Pass

Test WAN Connection

Pass

Network Connection Status Inspect (NCSI)

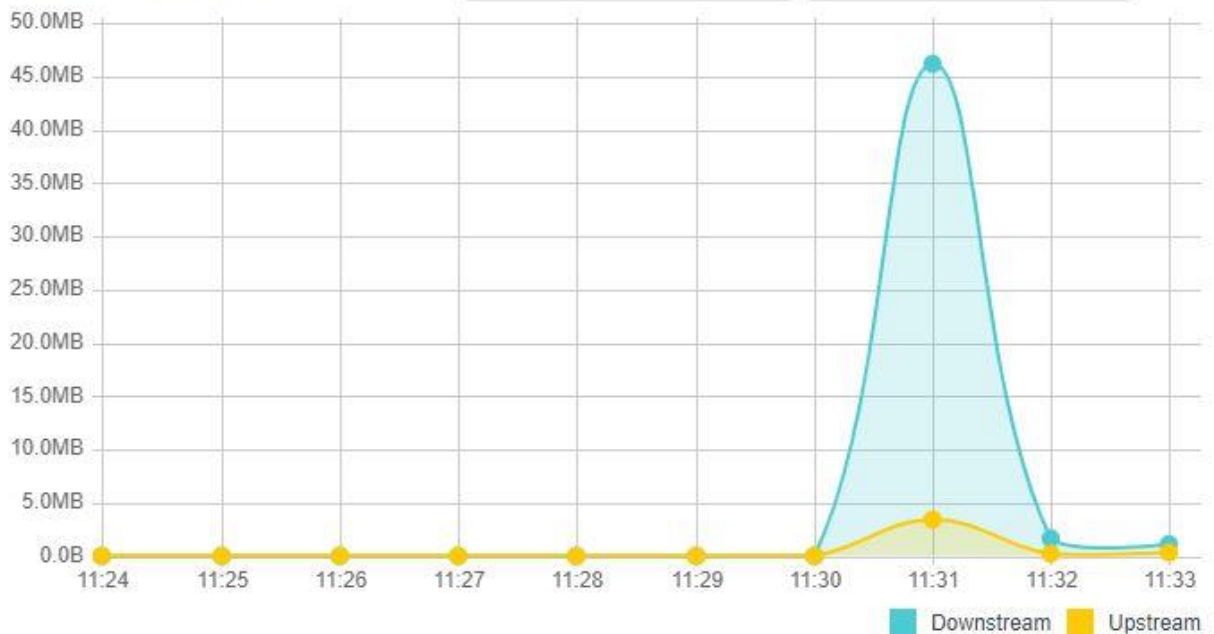
Pass

Diagnostics completed

The Traffic Usage of All Devices:

All Devices

Minutely



4. WEBSITE UPDATES

In March we had a meeting on changes to be made on the organization website, as a department we continue with editing process to give the website a standard and unique shape with all information displayed and able to access by end users.

5. FIELD WORK AND CONSULTANCY

As a cross-cutting department, we managed to answer relevant ICT questions from different departments so as to better Technology communications and flow of work in the office.

MONITORING & EVALUATION DEPARTMENT

Department Overview

The Monitoring and Evaluation (M&E) Department is responsible for assessing the effectiveness and the impact of the STADA Organization's programs and initiatives. The department ensures that activities are implemented according to plan, achieving desired outcomes and objectives. Through data collection, analysis and reporting, the M&E team provides valuable insights that inform decision making, improve program performance, and demonstrates accountability. The department also tracks progress against set indicators, evaluates the sustainability and scalability of intervention, and ensures the lessons learned are integrated in the future programs.

Specific Objectives:

- ❖ To design a monitoring and evaluation framework for the underlying projects comprising: goals, outcomes, outputs, assumptions and pathways to change.
- ❖ To develop systems that capture information from inception to closure of programs.
- ❖ To design tools for data collection, both online and offline
- ❖ To collect and analyze data which is in turn translated to information to influence the performance/running of projects
- ❖ To apply the theory of change to assess the program performance within the reporting period.
- ❖ To conduct continuous quality improvement mechanisms to support the projects that require improvement to achieve the targets
- ❖ To design an appropriate beneficiary feedback mechanism, to assess the project performance and identify areas that require improvement.

Activities conducted in March:

- ❖ Received and complied departmental monthly reports and prepared presentation slides.
- ❖ Developed and reviewed data collection tools for activities.
- ❖ Entered WASH projects data into an online database uploaded to the website.
- ❖ Developed March monthly report and prepared April work plan.
- ❖ Held meeting with departments to discuss the Monitoring and Evaluation structure for the various departmental activities.

PROGRAMS DEPARTMENT

OVERALL PROGRAM DUTIES:

- Conducted a meeting (check in) with the World Vision Kenya team, alongside the Christian Foundation network, that entailed an inquiry of STADA program activities, WVK operation areas, and possibility of any partnerships.
- Follow up on program activities, walk in consultation with stakeholders, and reports, alongside timesheets submitted by staff.
- Conducted a meeting with part of the STADA staff to organize the World Water Day celebrations, and developed the budget and program for the activities to be conducted.
- Spearheaded the grants team to do one grant that was not submitted because of the short duration.

CRIF PROJECT

- Follow up and meeting with the NITA center accreditation focal person (Mr. Miruka) for inspection. Gaps identified at the VTC included: expansion of the workstation; add three more spaces, fitting of drawers, mirrors, and a fully equipped haircutting station, purchase of additional items including spatulas, drappers and massage oils.
- Follow up on the STADA VTC final accreditation (to be finalized after Easter since the accreditors are conducting assessments).

WASH PROJECT

- Developed a word-document data collection tool to assist in obtaining information from the community members/ stakeholders during community mobilization. Areas of adjustment included: specifications on the socio-demographic data, alternative sources photos, and additional community story. The tool is currently being used by the ICT/ Reports submission department.
- Conducted community mobilizations for the drilling team our of which five boreholes were drilled.
- Developed and shared the monthly drilling workplans, alongside pump rehabilitation documents with the subsequent stakeholders
- Conducted a review on reports to be submitted before the final submission to the donor.
- Filing of borehole requests (boreholes that are pending and those already done), and updating the same on the WASH follow-up database.

WASH REPORTS

The following activities were conducted in the month of March:

| Drilling | Rehabilitation | Repair | Health and Hygiene | Total |
|----------|----------------|--------|--------------------|-------|
| 5 | 2 | 40 | 30 | 77 |

Best practices:

Proper collaboration with the communities, which ensured safety of machines and timely provision of casual laborers

Challenges:

Two of our WASH projects in Ogenya were not conducted because of the rainy season

Breakdown of machines that made drilling take a bit longer in some sites.