



STAWISHA DADA- STADA KENYA MONTHLY PROGRESS REPORTS-SEPTEMBER 2024



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ABBREVIATIONS AND ACCRONYMS:

Comm. Communication **CUC** Court Users' Committee Gender-Based Violence **GBV** Health and Hygiene H&H **ICT** Information and Communication Technology Internally Displaced Persons' IDP Kenya Bureau of Standards **KEBS** LWC Life Water Canada Ministry of Health MoH Monitoring and Evaluation M&E Menstrual Health MH Menstrual Health Management MHM Reproductive Health RH



SGBV Sexual Gender-Based Violence

SRH Sexual and Reproductive Health

SRHR Sexual and Reproductive Health Rights

STADA Stawisha Dada

TARL Teaching at the Right Level

WASH Water Sanitation and Hygiene

WKSP Western Kenya Sanitation Project

INTRODUCTION

STADA (Stawisha Dada) -Kenya translates as "thrive sister" is a feminist organization based in Kisumu County-Kenya. The organization is largely led by women and young people with its base being at the grass root level. STADA focuses on influencing policies at the regional, national and international levels.

OVERVIEW OF THE PROGRAM:

VISION:

"A community where girls and women have access to all basic human rights"

MISSION:

"To promote Community health, Gender equality, Education and human rights among girls and women through Evidence-based advocacy, Community empowerment, Capacity building, Social protection and Collaboration"

CORE VALUES

- **Feminism:** We believe everyone should have access to equal opportunity
- ❖ Inclusion: We involve and engage everyone in all our undertaking without leaving anyone behind.
- **Excellence:** We do our work with professionalism to sustain standards effectively and efficiently
- **Dignity:** We treat everyone with care and respect in all our undertaking
- ❖ Accountability: We take ownership of our work, stay on track with our goals and achieve success across the organization.



DEPARTMENTAL REPORTS

Output 1: Health Department

The Health Department focuses on promoting MH hygiene through MHM. Similarly, the department addressed the issues on SRH, Midwifery and Child protection.

1. Menstrual Hygiene Management

By 2030, STADA strives to build a world where no one is held back because they menstruate. We want to ensure that girls and women menstruate with dignity without discrimination.

Objectives

- To ensure that myths, taboos, and stigma around menstruation are addressed by providing the community with access to information and education on menstruation.
- To offer menstrual hygiene talks in and out of school, to both boys and girls.
- To supply safe, hygienic and convenient sanitary towels to vulnerable girls both in schools and communities.

2. Mental Health

The world is experiencing a growing burden of mental health disorders, which in turn lowers work productivity, thus, slowing down economic progress. STADA exists to promote a world in which mental health is valued, promoted, and protected. We do this by offering counseling services to our beneficiaries and training community counselors.

Objectives

- * To provide comprehensive mental health and social services in the community.
- ❖ To prepare community counselors with the basic skills in counseling so that they can offer psychosocial services.

3. Sexual Reproductive Health & Rights

STADA works to ensure that reproductive health rights are integrated into policies and laws. We do this by examining gaps at the county level and providing recommendations on how to fix the gaps and journeying towards implementation of existing policies.

We achieve this through:

- * Advocating for the provision of Family Planning commodities in health facilities where it is easily accessible to everyone.
- ❖ Attending County public participation in budgeting to ensure allocation of Family Planning commodities in every health facility.
- Sensitizing the community on the importance of Family Planning while debunking the myths and misconceptions surrounding it.



Adolescent Sexual Reproductive Health:

STADA provides access to comprehensive sexuality education. We have an adolescent center where we meet teenage girls twice a week to improve their physical and emotional well-being. Additionally, the center focuses on ensuring that they remain free from unintended pregnancy, STIs (including HIV/AIDS), and all forms of sexual violence and coercion.

4. Universal Health Coverage/Primary Health Care

Primary Health Care ensures that medical services are available to individuals at the community level. The aspect cuts across the physical, mental and social well-being of individuals regardless of age, race or color. PHC is a vital building block to achieve universal health coverage, as approximately 80 percent of medical services can be provided at the PHC level.

We advocate for quality health for all by:

- ❖ Empowering families to stand for their own health needs, and speaking about the barriers to access health services. We also use their views to push and influence an equilibrium between the supply and demand of health services.
- ❖ Holding leaders accountable for adequately funding health systems especially primary health care.
- ❖ Encouraging leaders to innovate around PHC and UHC.
- ❖ Pushing for the implementation of existing policies, to identify gaps in such policies and work together with the county government to develop new policies.

5. Cervical Cancer Awareness Campaigns

Cervical cancer is preventable and curable, as long as it is detected early and managed effectively. STADA carries out awareness campaigns to increase the knowledge of cervical cancer and Human Papillomavirus (HPV) and the importance of early detection. We encourage girls and women to go for screenings as early as 21 years of age.

Objectives:

- To increase screening participation with a particular focus on those women not screened at all during the recommended two-yearly interval.
- ❖ To raise awareness of the challenges faced by women and girls who are affected by cervical cancer.
- ❖ To promote research into its cause prevention, diagnosis, treatment, and cure.

6. Nutrition

Kenya is experiencing a triple burden of nutrition, undernutrition, micronutrient deficiencies, overweight and obesity. To address malnutrition, we support in ensuring that nutrition is more visible in the county budgets for enhanced implementation of nutrition plans and advocate for good nutrition practices at all levels including community level.



Objectives:

- To review the nutrition policy environment, plans and program reports to identify gaps and needs.
- To strengthen the enabling environment and coordination of nutrition interventions at the county and sub-county level.
- ❖ To create opportunities for the community to exchange views and develop solutions to issues of interest to the community.

SEPTEMBER ACHIEVEMENTS

In September, the department conducted the following activities:

- ❖ Conducted a Community Dialogue on SRHR at Nyamware Centre in Kadibo Sub-County
- ❖ Attended the Kisumu County Budget Review Outlook Paper (CBROP) 2023/2024 Public Participation at Ragumo and Angola Resource Centers in Kisumu East Sub-County
- ❖ Attended a Public Participation at Ragumo Resource Centre in Kisumu East Sub-County to review the 2024 Finance Bill for the County Government of Kisumu.
- Conducted a dialogue with the Kobura teenage mothers on family planning at Kobura Teen Moms Centre.
- ❖ Entered the distribution data of disposable pads into an Excel sheet. The total number of pads distributed as at September 2024 is 160
- ❖ Conducted a Capacity-building activity on Stress Management for STADA Staff
- ❖ Created awareness of Mental Health to the learners at Karanda Comprehensive School

Output 2: Gender Department

Gender Based Violence

Under this department, STADA seeks to attain Sustainable Development Goal 5, *Achieve gender equality and empower all women and girls*, by ending all forms of discrimination, violence and any harmful practices against women and girls in the public and private sphere. Our aim is to empower all women and girls to take full participation in leadership, decision making and economic development.

We have a range of initiatives that we put in place to achieve our vision, this includes: addressing the underlying causes and motivators of violence against women and girls at a population level, gender-based violence (GBV) primary prevention programs aim to promote change.

We work around all forms of GBV i.e., physical violence, sexual violence, and emotional violence. This we do by advocating for implementation of Gender Based Violence policies, sensitization in community and schools and working with key stakeholders in the justice system to bring perpetrators to book.

Objectives:

❖ To encourage and support behavior change to challenge the long-standing, pervasive, and historical gender-based oppressions in society.



❖ To coordinate the inclusion of gender considerations in development planning and to advance the fair political and socioeconomic advancement of women and girls.

1. Adolescent Girls

STADA is dedicated to put an end to teenage pregnancies, prenatal deaths, school dropouts, and the rise in HIV/AIDs infection. These we believe are some of the issues hindering the girl child from emerging into their full potential.

Under this program, we uplift the girls by teaching them very important life skills such as communication, problem solving, career choice and leadership. All this is to ensure that the girls grow up bolder and confident to be able to take up space just like their male counterparts.

We are also cognizant of the fact that girls go through so much trauma inflicted on them by their families and their society, with the help of our resident Psychologist, we take the girls through counseling sessions which aim to help them heal from past pains.

2. Teen Moms' Empowerment

This program is the heart beat of the Gender Department, teen mothers are the most vulnerable group of women in the society since most of them became mothers due to defilement and without proper care and empowerment, these girls are easy targets to repeat defilement.

Under this program we are dedicated to breaking the cycle of poverty by empowering these women to be able to fend for themselves and their children by taking them through vocational training, table banking, entrepreneurship training as well as offering scholarships to those interested to go back to school. We also take them through counseling sessions to ensure they heal completely from past traumas.

3. Feminist Movement Building

Sexism. Misogynistic exploitation and other forms of social oppressions and abuse are but a few indicators of gender inequality that women continue to battle even as they try to measure up to their male counterparts. It is for this reason that we continue to build a strong feminist movement of like-minded women and men as we seek to put a finality to sexism, misogynists' exploitation, and other forms of abuse in order to fully realize gender equality in both theory and practice. We achieve this by conducting dialogues and sensitization in schools and communities to ensure that girls and women know their rights and are able to speak up when being violated.

Objectives

- ❖ To educate young girls and women on their rights and be able to stand firm to avoid oppressions.
- ❖ To eradicate sexists and misogynists' exploitations and create a society where girls and women can thrive.



❖ To create awareness on the importance of gender equality and invite men to join the movement.

4. Survivors Forum

Survivors of Sexual Gender Based Violence (SGBV) often face stigma and discrimination in the society hence preventing them from living a wholesome life. To end the stigma, we provide a safe space for women and girls who have been affected by sexual violence to share their experiences and support one another. We initiate Sexual Gender Based Violence prevention and response and document the cases for easy follow ups. Through group therapy sessions we give them opportunities to voice their thoughts and feelings.

Objectives

- ❖ To ensure survivors of sexual assault have access to services which are responsive and appropriate to their needs.
- ❖ To end stigma and give hope to the victims.
- Create a space for safe discussions and dialogues.

SEPTEMBER ACHIEVEMENTS

The Gender Department conducted the following activities in September:

- ❖ Public participation at the Rabuor Chiefs Camp on the County Government of Kisumu to discuss the amendment of the draft Finance Bill 2024, under the office of the County Executive Finance, Economic Planning, and ICT services.
- CRIF project planning meeting with the purpose: giving updates for the CRIF project plans, developing a work plan from September to June and discussion on making request for the CRIF projects.
- ❖ Held a session on the Inspire and Lead Project at Lela Comprehensive School, focusing on
 - "Life Skills Development". The primary goal was to equip students with essential life skills and our areas of discussion included understanding life skills, identifying key life skills and strategies to develop them and emphasizing their importance. In addition, we also discussed on developing leadership skills.
 - "Career exploration and planning". The primary goal was to help the students
 understand career better and our areas of discussion included understanding career,
 career exploration and planning, importance of career exploration and planning,
 how to choose career, factors to consider when choosing career, types of careers
 and the key components of career.



- ❖ Planning meeting at VCI for the CRIF young mothers empowerment project to discuss on vocational training, day care center, conducting storytelling workshops and community engagement through arts and providing psychosocial support as well as financial literacy.
- Teen moms meetings at Nyabondo, Ogenya and Kobura
 - To discuss on exclusive breast feeding: open forum about breastfeeding the area
 of discussion were; benefits of breastfeeding, how long should the baby stop
 breastfeeding, what kind of food should the baby eat immediately after they
 have stopped breastfeeding and what process they should follow to stop their baby
 from breastfeeding
 - Engaged on storytelling sessions
- ❖ Documented a SGBV case of a fifteen-year-old girl from Migingo Junior Secondary and a follow up at the school to identify some of the needed resources by the survivor.
- Meeting with the paralegal to discuss on how to follow up SGBV cases to ensure that our survivors get justice
- ❖ Conducted a community dialogue at Nyamware Centre with an aim of understanding the reasons behind the rise in SGBV cases in the area and to find solutions. We also offered Comprehensive Sexuality Education.

Output 3: Water, Sanitation and Hygiene Department

The WASH department ensures easy access to water, hygiene and proper sanitation in the community. The department has done extensive work in Kisumu County and has also extended its services to Kitui County-Mwingi constituency. Activities in the department include but are not limited to Borehole drilling, pump repair, rehabilitation, and construction of toilets and hand washing facilities.

Besides, the department also offers sanitation and hygiene talks as well as distribution of reusable sanitary towels to the young women and girls in the community and the surrounding schools.

Objectives

- ❖ To ensure that the communities have access to safe drinking water.
- ❖ To ensure access to handwashing facilities in targeted communities and institutions
- * To reduce open defecation in communities through the construction of latrines.
- ❖ To improve menstrual hygiene management among young women and girls in the community by providing reusable sanitary towels and conducting menstrual hygiene education.



Sub-departments

Borehole drilling

STADA in partnership with Life Water Canada, drills, rehabilitates and repairs boreholes. Drilling of these boreholes is preceded by water sanitation health and hygiene talks with priority given to areas where water is a primary need and there is no water source nearby. We only drill boreholes in public places such as churches, schools, and markets. This we do to ensure there is a sense of ownership by all members of the community, this way they take better care of the boreholes.

STADA-Kenya has managed to drill 30 (thirty) boreholes since the program was initiated.

Plumbing

The plumbing section deals with the rehabilitation and repair of the broken pumps within the community by fixing parts of the pump that are either broken or worn out or rehabilitating the borehole by replacing the whole pump and the piping system.

Since inception, STADA has managed to repair and rehabilitate 149 pumps.

Health and hygiene (HH) talk

HH talks are conducted in schools and public areas. The talks serve as a platform to inquire about water sources, waste disposal, personal and communal sanitation and hygiene (toilets and handwashing facilities). Additional areas covered during these activities include menstrual health management, water storage, drilling, repairs and rehabilitation of boreholes, and general environmental conservation.

So far, STADA has conducted over 2000 Health and Hygiene talks in both Kisumu and Kitui counties.

Latrine Construction

Open defecation is one of the challenges crippling the public health sector since it is responsible for most cases of water-borne diseases. STADA works to curb this challenge by constructing pit latrines, especially in schools. The result is a clean environment with limited fecal contamination.

STADA has managed to construct seven (9) latrines in schools within the community.

Water Tank Distribution and Hand Washing Stations

Hand washing became common during the Covid-19 pandemic, as a way to curb the disease. STADA took it up as a platform to boost sanitation in the affected schools and communities. STADA also provides water tanks to schools to ensure that there is constant water flow in the institutions and public places. Throughout the implementation period, STADA has managed to construct seven (9) Handwashing stations, and set up seven (9) Water tanks in schools and the community.



In September, the number of drilled boreholes, rehabilitated and repaired pumps, alongside health and hygiene talks that were provided were as follows:

Drilled boreholes	Rehabilitated pumps	Repaired pumps	Health and hygiene talks	Total activities
7	4	54	30	95

Output 4: Education Department

STADA aims at achieving SDG number 4, Quality Education, by ensuring that children going to school are comprehensively learning and achieving foundational literacy and numeracy as early as grade 3. Our vision is for each child to develop a curiosity about learning, discover their interests, and grow in their love of learning. STADA desires to develop a strong reading culture, an environment where reading is championed, valued, respected, and encouraged. This is achieved by fastening the abilities of those lagging behind in their ability to read. We desire to have all-around children, talented, disciplined, and confident in facing life challenges, as we prepare them for future leadership.

PROGRAMS

a. STADA Community Library

With the vision of developing a strong reading culture in the children, we have established a community library equipped with books for all grades. This is to help children who are learning in schools that are ill-equipped with basic learning materials.

Objectives

- ❖ To promote a culture of reading among the children in the community.
- ❖ To alleviate immoral practices by giving someone a chance to be critical and creative.
- ❖ To equip learners with extra information from the class.
- To bring information close to the people who might not under ordinary circumstances access such information.

b. Accelerated Learning Program

To achieve Universal Literacy and Numeracy, STADA is implementing an Accelerated Learning Program, at the community library to fasten the abilities of children who are lagging behind in



reading and doing basic numeracy. This is done through a one-on-one reading and numeracy assessment to generate a baseline of children's competencies.

Activities

- ❖ Assessments regular assessments are done to the learners to establish the level of literacy and numeracy competencies.
- **❖ Learning activities** after the assessment, the learners are grouped based on their levels and taught the basic skills they lacked.
- **❖ Tests and revision** monthly tests are administered to the learners to determine the level reached.
- ❖ Book reading sessions this is done regularly to expand members' personal literacy experience by reading and discussing works chosen by the learner in a friendly and open atmosphere.
- ❖ **Debate** This is to enable learners to formulate and express their ideas effectively, be more persuasive and confident when giving presentations and improve their one-on-one dealings with others.

c. Creative Hub

Talent incubation center to help young girls realize their potential. This is done through one-on-one mentoring; each talented girl is matched with a mentor who is an expert in their field of interest. We have established different families: including, poetry/spoken word, dance, singing, drama, fashion design and modeling.

Objectives

- ❖ To boost participants' confidence by discovering their talents at an early age and start nurturing them.
- ❖ To develop participants' skills and enhance them.
- ❖ To provide a strong foundation in performing and creative arts.

5. Education Scholarship Program

Adolescent girls dropping out of school may lead to a high level of illiteracy, gender inequality, single motherhood, unemployment, and many more. To address this, we keep girls in school by advocating for their retention and offering financial support to those with low socioeconomic status. Our focus is on girls from marginalized communities who are recruited after the needs assessment.



Objectives

- ❖ To eliminate barriers to quality education and obstacles that girls face in pursuit of their education.
- ❖ To achieve gender equality and reduce inequality

SEPTEMBER ACHIEVEMENTS

Output 4.1: Community library

The activities conducted include:

- ❖ We organized learning sessions. Teachers engaged the pupils in areas where they showed weakness. Each session was followed by an assignment to assess the pupils' understanding of the topic covered.
- ❖ We conducted book reading sessions. A book reading session was held to enhance the learner's literacy experience and help him or her discover new vocabulary.
- Conducted a story-telling session to evaluate and improve the learner's ability to memorize and communicate. This was one of the ways for making learning more interactive and participative.
- ❖ We carried out the following co-curricular activities: art and craft, clay modeling, painting and drawing. These activities allow students to explore their interests and develop new skills.

Output 5: Humanitarian Department

Kisumu county has a number of vulnerable households, a majority of them being women and children. Other than facing difficult economic times occasioned by the tough economic times and effects of the global pandemic COVID- 19, Nyando Sub-County which is STADA's jurisdiction is prone to constant flooding.

The humanitarian department supports the county quick response team to identify the vulnerable and most affected families for rightful channeling of the much-needed help.

The department also offers supplementary support to the needy members of the community, with main focus on elderly widows with grandchildren and complete orphans.

Support to this vulnerable group is provided in the form of food, clothes, beddings, and medical support. The orphans (girls being the primary target) within the school going age bracket are offered scholarships on a need-basis to meet their educational needs.



STADA Kenya also focuses on matters of succession of land, in our area of jurisdiction. Widows are often disinherited after the death of their husbands especially in cases where they do not have children to protect them and that is where we come in to help them navigate the justice system for justice to be realized.

Objectives:

- ❖ To ensure widows and orphans have access to basic needs including food, shelter, clothing and health.
- To promote justice, fairness, and equity to widows amidst the cultural norms such as inheritance, and land succession.

SEPTEMBER ACHIEVEMENTS

In September, no activities were conducted in the department, but meetings were held to plan for the subsequent activities.

Output 7: Advocacy and Communication Department

STADA has continued to position itself as a policy maker in the matters affecting the people of Nyando Sub County and it is for this reason that we work closely with other actors such as the government, the general public, stakeholders and donors to develop policies that work in favor of the women and girls while remaining cognizant of the rights and needs of the men and boys.

The communication department plays a fundamental role in helping to amplify these policies, capture how the work done by STADA Kenya impacts people's lives as well as call key actors to action on specific issues that require their attention.

This department also focuses on proactive communication through stories, images, and videos to ensure the advancement of the organization's mission, and vision.

The Advocacy and Communication department is also responsible for the packaging of messages that we intend to relay to the general public in a simple language for easy understanding.

Our department's goals are;

- ❖ To segment our audience and package messages with clarity.
- ❖ To clarify the purpose and objectives of the organizations.
- ❖ To interpret policies and strategies.
- ❖ To ensure the connection between the internal and external public is maintained.
- ❖ To document every activity the organization engages in.

These we do by;

* Keeping a photo and video library.



- Blogs
- Newsletters.
- Social media engagements.
- * Bi-annual reports.

In September, the department conducted the following activities:

- Photo editing.
- ❖ Podcast shooting and editing at KCH.
- ❖ Documented inspire and lead project at Lela and korowe.
- ❖ Documented staff mental health check in.
- ❖ Documented community sensitization at Nyamware.
- ❖ Documented metal health check in with the kobura young mothers.
- ❖ Documented family planning sensitization with the kobura young mother
- Documented sensitization at Karanda Comprehensive School on GBV, Mental health and feminine hygiene.
- ❖ Wrote a list of equipment within the department and shared it with the finance and procurement.
- ❖ Conducted a departmental meeting to discuss on what worked, what needs improvement and we shared the minutes with the programs.
- ❖ Worked on the CRIF Six months work plan and budget.
- * Wrote one STADA pads proposal still waiting for the STADA pads directors' input.
- ❖ Attended a public participation
- ❖ Transcribed STADA pads user Manual from English to Kiswahili.

Output 8: Information Communication and Technology

The ICT department manages the organization's technological systems, and maintains their functions and underlying infrastructures. The personnel also ensure that the hardware and software are fully managed for their subsequent operations. The department also provides administrative, technical, and program support to the organization regarding system performance.

Activities undertaken:



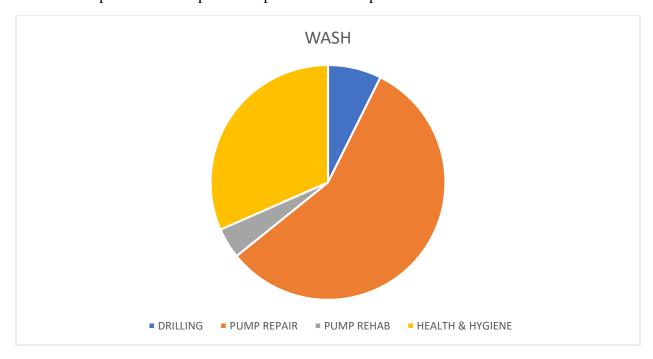
- Installation of new software
- * Research and procurement of IT hardware and supplies
- ❖ Participate in IT inventory asset management
- ❖ Assist in backup and recovery of digital assets
- Troubleshoot network issues
- Install video and audio conferencing
- ❖ Install and configure new printers, copiers and other equipment
- Provide and install cloud-based applications/services
- * Repair hardware
- Website creation and management
- Development of organization's applications.

1. WASH REPORT COMPILATION

In the month of September as a department we managed to compile and submit WASH reports as follows:

- 1. Drilling 7 projects
- 2. Pump repair 54 projects
- 3. Pump Rehabilitation 4 projects
- 4. Health and Hygiene 30 projects

The above reports were compiled as represented in the pie chart below:





2. <u>LAPTOP PURCHASES AND REPAIRS</u>

In the month of September no new laptop was bought but we managed to update and activate operating system in laptop whose soft wares were outdated. We managed to handle laptops from the following departments:

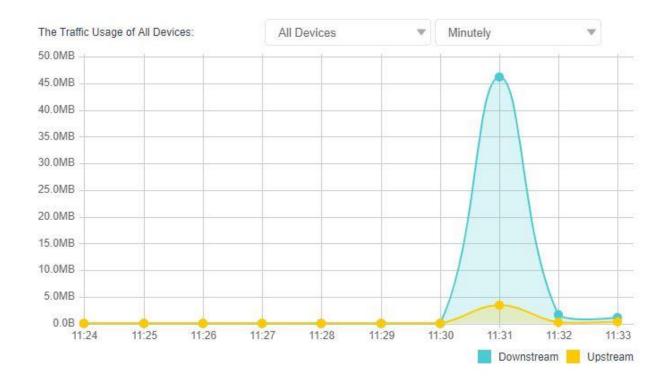
- a. HR
- b. Health and Hygiene
- c. Mental health
- d. Education

3. <u>NETWORK FLOW OF THE MONTH</u>

In September, the diagnosis stream reports of the internet flow was excellent. The subscription is yet to be updated.







4. WEBSITE UPDATES

In the month of September we also managed to update the organization's website.

5. FIELD WORK AND CONSULTANCY

As a cross-cutting department, we managed to answer relevant ICT questions from different departments so as to better Technology communications and flow of work in the organization.

Output 9: Monitoring and Evaluation

The Monitoring and Evaluation Department oversees all the projects from their inception to closure. The M&E department collects, analyzes, and interprets data to STADA staff and key stakeholders of the organization. The department also evaluates the performance of the project against the set targets for the period of implementation.

Objectives

- ❖ To design a monitoring and evaluation framework for the underlying projects comprising: goals, outcomes, outputs, assumptions and pathways to change.
- * To develop systems that capture information from inception to closure of programs.
- ❖ To design tools for data collection, both online and offline



- ❖ To collect and analyze data which is in turn translated to information to influence the performance/running of projects
- ❖ To apply the theory of change to assess the program performance within the reporting period.
- ❖ To conduct continuous quality improvement mechanisms to support the projects that require improvement to achieve the targets
- ❖ To design an appropriate beneficiary feedback mechanism, to assess the project performance and identify areas that require improvement.

The following activities were conducted by the Monitoring and Evaluation department in September:

- Compilation of departmental monthly reports.
- * Receiving, filing and developing the monthly work plan for the borehole drilling department.
- Overseeing the running of all the department activities in the organization.
- Conducted CRIF implementation plans meetings with teen moms from Nyabondo and Ogenya on Vocational Training Center courses, psychological support and child care support services.
- ❖ Developed WASH impact assessment budget, data collection tools and budget.
- ❖ Attended CRIF budget and work plan review meeting.
- ❖ Developed VTC and child care enrolment tools and other assessment tools.

PICTORIALS





Health and hygiene talk in the community



Completely drilled and installed borehole



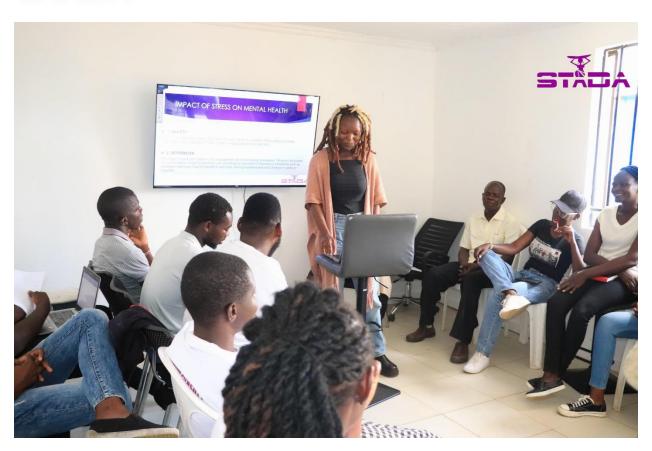


Engagement with Kobura teen mums



Karanda Sensitization on GBV and Mental Health





Mental Health Check-Up with STADA Staff



Inspire and Lead Project Activity at Lela Comprehensive School





Community Dialogue at Nyamware Centre