



# STAWISHA DADA- STADA KENYA MONTHLY PROGRESS REPORTS-NOVEMBER 2024



# Contents

| ABBREVIATIONS AND ACCRONYMS:                       | 3  |
|--|----|
| INTRODUCTION                                       | 4  |
| OVERVIEW OF THE PROGRAM:                           | 4  |
| DEPARTMENTAL REPORTS                               | 5  |
| Output 1: Health Department                        | 5  |
| 1. Menstrual Hygiene Management                    | 5  |
| 2. Mental Health                                   | 5  |
| 3. Sexual Reproductive Health & Rights             | 5  |
| 4. Universal Health Coverage/Primary Health Care   | 6  |
| 5. Cervical Cancer Awareness Campaigns             | 6  |
| 6. Nutrition                                       | 6  |
| NOVEMBER ACHIEVEMENTS                              | 7  |
| Output 2: Gender Department                        | 7  |
| Gender Based Violence                              | 11 |
| 1. Adolescent Girls                                | 11 |
| 2. Teen Moms' Empowerment                          | 12 |
| 3. Feminist Movement Building                      | 12 |
| 4. Survivors Forum                                 | 12 |
| NOVEMBER ACHIEVEMENTS                              | 13 |
| Output 3: Water, Sanitation and Hygiene Department | 14 |
| Sub-departments                                    | 15 |
| Borehole drilling                                  | 15 |
| Plumbing   | 15 |
| Health and hygiene (HH) talk                       | 15 |
| Latrine Construction                               | 15 |
| Water Tank Distribution and Hand Washing Stations  | 16 |
| NOVEMBER ACHIEVEMENTS                              | 16 |
| Output 4: Education Department                     | 16 |
| PROGRAMS   | 16 |
| a. STADA Community Library                         | 16 |
| b. Accelerated Learning Program                    | 17 |
| c. Creative Hub                                    | 17 |
| 5. Education Scholarship Program                   | 18 |



| NOVEMBER ACHIEVEMENTS                              | 18 |
|--|----|
| Output 4.1: Community library                      | 18 |
| Output 5: Humanitarian Department                  | 18 |
| NOVEMBER ACHIEVEMENTS                              | 20 |
| Output 7: Advocacy and Communication Department    | 20 |
| NOVEMBER ACHIEVEMENTS                              | 21 |
| Output 8: Information Communication and Technology | 22 |
| NOVEMBER ACHIEVEMENTS                              | 22 |
| Output 9: Monitoring and Evaluation                | 25 |
| NOVEMBER ACHIEVEMENTS                              | 25 |
| ICTORIALS  | 26 |

# ABBREVIATIONS AND ACCRONYMS:

Comm. Communication **CUC** Court Users' Committee Gender-Based Violence **GBV** Health and Hygiene Н&Н Information and Communication Technology **ICT** Internally Displaced Persons' IDP Kenya Bureau of Standards **KEBS** LWC Life Water Canada Ministry of Health MoH Monitoring and Evaluation M&E Menstrual Health MH Menstrual Health Management MHM

Reproductive Health

RH



SGBV Sexual Gender-Based Violence

SRH Sexual and Reproductive Health

SRHR Sexual and Reproductive Health Rights

STADA Stawisha Dada

TARL Teaching at the Right Level

WASH Water Sanitation and Hygiene

WKSP Western Kenya Sanitation Project

# INTRODUCTION

STADA (Stawisha Dada) -Kenya translates as "thrive sister" is a feminist organization based in Kisumu County-Kenya. The organization is largely led by women and young people with its base being at the grass root level. STADA focuses on influencing policies at the regional, national and international levels.

# OVERVIEW OF THE PROGRAM:

#### **VISION:**

"A community where girls and women have access to all basic human rights"

#### **MISSION:**

"To promote Community health, Gender equality, Education and human rights among girls and women through Evidence-based advocacy, Community empowerment, Capacity building, Social protection and Collaboration"

# **CORE VALUES**

- **Feminism:** We believe everyone should have access to equal opportunity
- ❖ Inclusion: We involve and engage everyone in all our undertaking without leaving anyone behind.
- **Excellence:** We do our work with professionalism to sustain standards effectively and efficiently
- **Dignity:** We treat everyone with care and respect in all our undertaking
- ❖ Accountability: We take ownership of our work, stay on track with our goals and achieve success across the organization.



# DEPARTMENTAL REPORTS

# Output 1: Health Department

The Health Department focuses on promoting MH hygiene through MHM. Similarly, the department addressed the issues on SRH, Midwifery and Child protection.

### 1. Menstrual Hygiene Management

By 2030, STADA strives to build a world where no one is held back because they menstruate. We want to ensure that girls and women menstruate with dignity without discrimination.

# **Objectives**

- To ensure that myths, taboos, and stigma around menstruation are addressed by providing the community with access to information and education on menstruation.
- To offer menstrual hygiene talks in and out of school, to both boys and girls.
- To supply safe, hygienic and convenient sanitary towels to vulnerable girls both in schools and communities.

#### 2. Mental Health

The world is experiencing a growing burden of mental health disorders, which in turn lowers work productivity, thus, slowing down economic progress. STADA exists to promote a world in which mental health is valued, promoted, and protected. We do this by offering counseling services to our beneficiaries and training community counselors.

#### **Objectives**

- \* To provide comprehensive mental health and social services in the community.
- ❖ To prepare community counselors with the basic skills in counseling so that they can offer psychosocial services.

#### 3. Sexual Reproductive Health & Rights

STADA works to ensure that reproductive health rights are integrated into policies and laws. We do this by examining gaps at the county level and providing recommendations on how to fix the gaps and journeying towards implementation of existing policies.

# We achieve this through:

- \* Advocating for the provision of Family Planning commodities in health facilities where it is easily accessible to everyone.
- ❖ Attending County public participation in budgeting to ensure allocation of Family Planning commodities in every health facility.
- Sensitizing the community on the importance of Family Planning while debunking the myths and misconceptions surrounding it.



### **Adolescent Sexual Reproductive Health:**

STADA provides access to comprehensive sexuality education. We have an adolescent center where we meet teenage girls twice a week to improve their physical and emotional well-being. Additionally, the center focuses on ensuring that they remain free from unintended pregnancy, STIs (including HIV/AIDS), and all forms of sexual violence and coercion.

# 4. Universal Health Coverage/Primary Health Care

Primary Health Care ensures that medical services are available to individuals at the community level. The aspect cuts across the physical, mental and social well-being of individuals regardless of age, race or color. PHC is a vital building block to achieve universal health coverage, as approximately 80 percent of medical services can be provided at the PHC level.

We advocate for quality health for all by:

- ❖ Empowering families to stand for their own health needs, and speaking about the barriers to access health services. We also use their views to push and influence an equilibrium between the supply and demand of health services.
- ❖ Holding leaders accountable for adequately funding health systems especially primary health care.
- ❖ Encouraging leaders to innovate around PHC and UHC.
- ❖ Pushing for the implementation of existing policies, to identify gaps in such policies and work together with the county government to develop new policies.

# 5. Cervical Cancer Awareness Campaigns

Cervical cancer is preventable and curable, as long as it is detected early and managed effectively. STADA carries out awareness campaigns to increase the knowledge of cervical cancer and Human Papillomavirus (HPV) and the importance of early detection. We encourage girls and women to go for screenings as early as 21 years of age.

#### **Objectives:**

- To increase screening participation with a particular focus on those women not screened at all during the recommended two-yearly interval.
- ❖ To raise awareness of the challenges faced by women and girls who are affected by cervical cancer.
- ❖ To promote research into its cause prevention, diagnosis, treatment, and cure.

#### 6. Nutrition

Kenya is experiencing a triple burden of nutrition, undernutrition, micronutrient deficiencies, overweight and obesity. To address malnutrition, we support in ensuring that nutrition is more visible in the county budgets for enhanced implementation of nutrition plans and advocate for good nutrition practices at all levels including community level.



# **Objectives:**

- To review the nutrition policy environment, plans and program reports to identify gaps and needs.
- To strengthen the enabling environment and coordination of nutrition interventions at the county and sub-county level.
- ❖ To create opportunities for the community to exchange views and develop solutions to issues of interest to the community.

# **NOVEMBER ACHIEVEMENTS**

In November, the department conducted the following activities:

- \* CRIF Activities: Psychosocial Support activities included:
  - A workshop with Ogenya teen moms where we discussed resilience building, positive thinking and self- care at Ogenya teen moms center.
  - Mental Health Screening for Depression, Anxiety and PTSD at Kobura and Nyabondo teen moms centers: assessing mental health in young mothers is crucial for early identification of those at risk and for minimizing the likelihood of poor mental health outcomes. Expecting and recently delivered adolescent and young mothers represent a vulnerable population for Common Mental Disorders (CMDs), yet they often show low participation and retention rates in mental health care services.
- Participated in ward rounds at Ward 8
- Psychotherapy at Ward 8
- ❖ C.M.E on History-Taking and M.S.E
- Caregiver psychoeducation
- ❖ Data collection and identification of research points
- Family therapy
- Community sensitization to caregivers at Seme
- Mentorship sessions with the Kobura young mothers where we are to mentor small groups of the girls. These sessions are meant to help them as they go through challenges and offer practical and emotional support.
  - Goal setting- short- term and long-term goals
- ❖ Action for Women's Health grant: participated in several meetings where we further discussed the ideas proposed, refined and evaluated them and brought cohesiveness in the different pillars and departments presented.
- SGBV survivors' forum: met for a session on introduction to the activities the mental health department plans to carry out with them to help empower them and foster healing and recovery.
- ❖ Collected data at Kisumu County Referral Hospital that will be part of the background for potential research into the psychological distress faced by young women Kisumu County. The data is of the psychiatric illnesses registered between January to November 2024.



# SCREENING REPORT (KOBURA YOUNG MOTHERS)

#### 1. SCREENING FOR DEPRESSION

The Patient Health Questionnaire (PHQ-9) serves multiple purposes, including screening, diagnosing, monitoring, and assessing the severity of depression.

The tool rates the frequency of symptoms, which contributes to the scoring severity index.

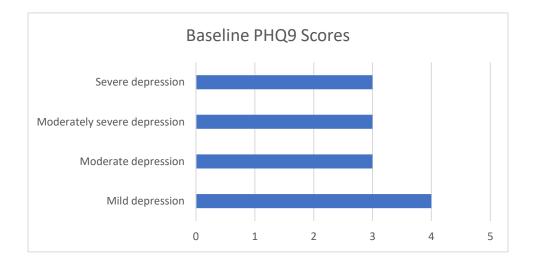
Question 9 of the PHQ-9 screens the presence and duration of suicidal thoughts.

#### **Results:**

One participant scored 0

| TOTAL SCORE | DEPRESSION          | FREQUENCY |
|-------------|---------------------|-----------|
|             | SEVERITY            |           |
| 1-4         | Minimal depression  |           |
| 5-9         | Mild depression     | 4         |
| 10-14       | Moderate depression | 3         |
| 15-19       | Moderately severe   | 3         |
|             | depression          |           |
| 20-27       | Severe depression   | 3         |
| Total       |                     | 13        |

From the data, 64% of the participants scored  $\leq$ 10 which is indicative of mild to moderate depression.





#### 2. SCREENING FOR ANXIETY

#### **Assessment (GAD-7)**

The GAD-7 asks respondents to 7 questions to rate how often they've experienced GAD symptoms over the past two weeks. The response options are "not at all", "several days", "more than half the days", and "nearly every day".

### **Scoring**

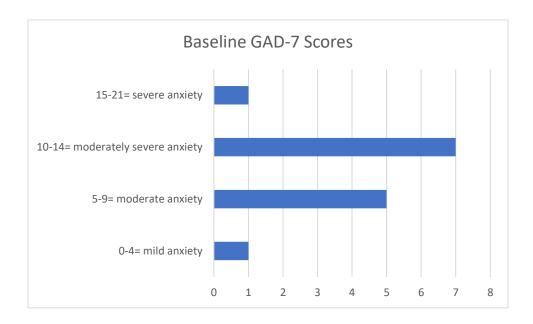
The GAD-7 scores range from 0 to 21, with higher scores indicating more severe GAD. Cut-off points for mild, moderate, and severe anxiety are 5, 10, and 15, respectively.

If the score is 10 or higher, further evaluation is recommended.

#### **Results:**

| GAD- 7 SCORE                     | FREQUENCY |
|----------------------------------|-----------|
| 0-4= mild anxiety                | 1         |
| 5-9= moderate anxiety            | 5         |
| 10-14= moderately severe anxiety | 7         |
| 15-21= severe anxiety            | 1         |
| Total                            | 14        |

57% scored  $\leq 10$  which is indicative of moderately severe anxiety and need further evaluation.



#### 3. SCREENING FOR POST-TRAUMATIC STRESS DISORDER



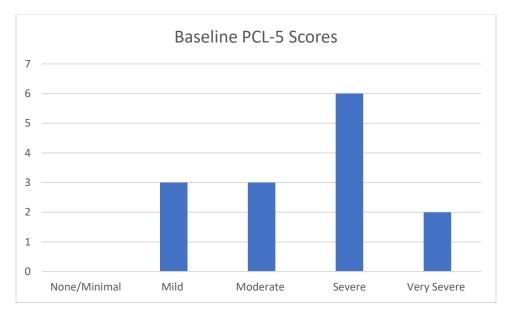
The PCL-5 is a 20-item self-report measure that assesses the 20 DSM-5 symptoms of PTSD.

# **Scoring:**

- ❖ A total symptom severity score (range 0-80) can be obtained by summing the scores for each of the 20 items.
- ❖ PCL-5 cutoff score between 31-33 is indicative of probable PTSD and further assessment is needed to confirm diagnosis of PTSD.

#### **Results**

| TOTAL SCORE | PTSD SEVERITY | FREQUENCY |
|-------------|---------------|-----------|
| 0-10        | None/Minimal  | 0         |
| 11-20       | Mild          | 3         |
| 21-40       | Moderate      | 3         |
| 41-60       | Severe        | 6         |
| 61-80       | Very Severe   | 2         |
| Total       |               | 14        |



One of the limitations of the screening was a language barrier that often made it difficult for some of the participants to understand some of the concepts being evaluated. More specifically, for the participants with limited English, as that is the language used in the tools. It may also have interfered with the level of satisfaction of the participants. More time was needed in such circumstances to go through and complete the screening.

Moreover, we were not able to screen the entirety of the participants we were targeting.



#### Recommendation

Follow- up is necessary for most, if not all of the participants in terms of brief interventions and psychoeducation for those with milder severity, and clinical interventions and psychotherapy for those with symptoms of moderate depression, anxiety and PTSD. For those with symptoms of moderately severe and severe depression, anxiety and PTSD, immediate clinical referral and intervention is necessary.

Additionally, the participants who presented with suicidal ideations require further suicide risk assessment and support.

# Output 2: Gender Department

#### Gender Based Violence

Under this department, STADA seeks to attain Sustainable Development Goal 5, *Achieve gender equality and empower all women and girls*, by ending all forms of discrimination, violence and any harmful practices against women and girls in the public and private sphere. Our aim is to empower all women and girls to take full participation in leadership, decision making and economic development.

We have a range of initiatives that we put in place to achieve our vision, this includes: addressing the underlying causes and motivators of violence against women and girls at a population level, gender-based violence (GBV) primary prevention programs aim to promote change.

We work around all forms of GBV i.e., physical violence, sexual violence, and emotional violence. This we do by advocating for implementation of Gender Based Violence policies, sensitization in community and schools and working with key stakeholders in the justice system to bring perpetrators to book.

### **Objectives:**

- ❖ To encourage and support behavior change to challenge the long-standing, pervasive, and historical gender-based oppressions in society.
- ❖ To coordinate the inclusion of gender considerations in development planning and to advance the fair political and socioeconomic advancement of women and girls.

#### 1. Adolescent Girls

STADA is dedicated to put an end to teenage pregnancies, prenatal deaths, school dropouts, and the rise in HIV/AIDs infection. These we believe are some of the issues hindering the girl child from emerging into their full potential.

Under this program, we uplift the girls by teaching them very important life skills such as communication, problem solving, career choice and leadership. All this is to ensure that the girls grow up bolder and confident to be able to take up space just like their male counterparts.



We are also cognizant of the fact that girls go through so much trauma inflicted on them by their families and their society, with the help of our resident Psychologist, we take the girls through counseling sessions which aim to help them heal from past pains.

# 2. Teen Moms' Empowerment

This program is the heart beat of the Gender Department, teen mothers are the most vulnerable group of women in the society since most of them became mothers due to defilement and without proper care and empowerment, these girls are easy targets to repeat defilement.

Under this program we are dedicated to breaking the cycle of poverty by empowering these women to be able to fend for themselves and their children by taking them through vocational training, table banking, entrepreneurship training as well as offering scholarships to those interested to go back to school. We also take them through counseling sessions to ensure they heal completely from past traumas.

### 3. Feminist Movement Building

Sexism. Misogynistic exploitation and other forms of social oppressions and abuse are but a few indicators of gender inequality that women continue to battle even as they try to measure up to their male counterparts. It is for this reason that we continue to build a strong feminist movement of like-minded women and men as we seek to put a finality to sexism, misogynists' exploitation, and other forms of abuse in order to fully realize gender equality in both theory and practice. We achieve this by conducting dialogues and sensitization in schools and communities to ensure that girls and women know their rights and are able to speak up when being violated.

#### **Objectives**

- ❖ To educate young girls and women on their rights and be able to stand firm to avoid oppressions.
- ❖ To eradicate sexists and misogynists' exploitations and create a society where girls and women can thrive.
- ❖ To create awareness on the importance of gender equality and invite men to join the movement.

#### 4. Survivors Forum

Survivors of Sexual Gender Based Violence (SGBV) often face stigma and discrimination in the society hence preventing them from living a wholesome life. To end the stigma, we provide a safe space for women and girls who have been affected by sexual violence to share their experiences and support one another. We initiate Sexual Gender Based Violence prevention and response and document the cases for easy follow ups. Through group therapy sessions we give them opportunities to voice their thoughts and feelings.

#### **Objectives**



- ❖ To ensure survivors of sexual assault have access to services which are responsive and appropriate to their needs.
- ❖ To end stigma and give hope to the victims.
- Create a space for safe discussions and dialogues.

# **NOVEMBER ACHIEVEMENTS**

The Gender Department conducted the following activities in November:

- ❖ Kobura adolescents' session on life skills development with the aim of equipping students with essential life skill on personal growth and development. We got to discuss on understanding and defining life skills, importance, examples of key life skills and ways to develop them.
- ❖ Attended a virtual meeting on the Action for women's health with focus on mental and physical health. We got to brainstorm some the ideas/activities to implement within the grant.
- Grants meeting to discuss and refine the suggested ideas of the Action for Women's health grant and to group them according the thematic of prevention, management, response and advocacy.
- Discussed and worked on the 16 days of activism including: to prioritize the suggested activities, the concept note and budget.
- ❖ Held a Feminist meeting with Kobura widows to kick off table banking and VSL projects as a way of pooling resources to enhance the group savings.
- Celebrated STADA@4 thanksgiving.
- ❖ Attended a zoom meeting organized by White Ribbon Alliance (WRA) with focus on Acting Together: WRA Kenya Women And Girl's Action Network (WAGAN)
  - Action Network Training:
     It was an online training session for the action network members held to provide a deeper understanding of the "ASK-LISTEN-ACT" approach, the tools used, and the objectives guiding the work.

#### **❖** GBV

- Visited the Gender Based Violence Recovery Center at Jaramogi Oginga Odinga Teaching and Referral Hospital mainly to inquire on some of the services and resources they provide for survivors of sexual and gender-based violence.
- Attended a court session for a hearing of one survivor and the final hearing will be in January 2025
- Documented two SGBV cases of 15-year-old girls.
- Together with the mental health department we got to meet the two new survivors and introduced ourselves to them and what we do, we made them understand better the sessions we will be having with them and also gave them an assessment form to describe their strengths and what they can do best.



### Teen Moms Program

#### 1) Kobura

- Had a session with Kobura teen moms on mentorship programs with the purpose of mainly guidance, support and encouragement as they navigate parenthood and pursue their goals. We established 3 groups.
- Worked on the Kobura teen moms' bio-data, written stories, weekly and monthly reports, the weekly meetings minutes.
- Had a session on parent's guide to alcohol and drug use prevention we used the NACADA pamphlet mainly to pass the information on how to talk about alcohol and drugs to your children at the ages of 2-4 years and 19-24 years.
- We had an open sharing circle for support group, mainly to connect with others facing similar challenges, share experiences, and offer each other encouragement and advice.

#### 2) Nyabondo

- Had a session on different types of family planning, and after a lengthy discussion, they got the opportunity to share their experiences with the methods, and there were various disagreements on the subject.
- During a conversation on health and hygiene, it was discovered that some individuals use sanitary pads for the entire day, which is unhygienic due to lack of knowledge and advice, resulting in poor odor and other issues.
- They discussed their domestic issues and urgent needs to enhance their living. I discovered that young mothers require help and therapy because the majority of them are going through challenges at the hands of their parents/guardians.

#### 3) Ogenya

- We had 17 teen mums, we had a session with Mental Health department and we had discussions on Mental health, challenges, how to overcome challenges.
- The 18 teen mothers organized rice plantation to fund personal expenses. They planted one hectare of land and achieved their objective at Haro Scheme

# Output 3: Water, Sanitation and Hygiene Department

The WASH department ensures easy access to water, hygiene and proper sanitation in the community. The department has done extensive work in Kisumu County and has also extended its services to Kitui County-Mwingi constituency. Activities in the department include but are not limited to Borehole drilling, pump repair, rehabilitation, and construction of toilets and hand washing facilities.

Besides, the department also offers sanitation and hygiene talks as well as distribution of reusable sanitary towels to the young women and girls in the community and the surrounding schools.

### **Objectives**



- ❖ To ensure that the communities have access to safe drinking water.
- ❖ To ensure access to handwashing facilities in targeted communities and institutions
- ❖ To reduce open defecation in communities through the construction of latrines.
- ❖ To improve menstrual hygiene management among young women and girls in the community by providing reusable sanitary towels and conducting menstrual hygiene education.

# Sub-departments

### Borehole drilling

STADA in partnership with Life Water Canada, drills, rehabilitates and repairs boreholes. Drilling of these boreholes is preceded by water sanitation health and hygiene talks with priority given to areas where water is a primary need and there is no water source nearby. We only drill boreholes in public places such as churches, schools, and markets. This we do to ensure there is a sense of ownership by all members of the community, this way they take better care of the boreholes.

STADA-Kenya has managed to drill 30 (thirty) boreholes since the program was initiated.

#### Plumbing

The plumbing section deals with the rehabilitation and repair of the broken pumps within the community by fixing parts of the pump that are either broken or worn out or rehabilitating the borehole by replacing the whole pump and the piping system.

Since inception, STADA has managed to repair and rehabilitate 149 pumps.

#### Health and hygiene (HH) talk

HH talks are conducted in schools and public areas. The talks serve as a platform to inquire about water sources, waste disposal, personal and communal sanitation and hygiene (toilets and handwashing facilities). Additional areas covered during these activities include menstrual health management, water storage, drilling, repairs and rehabilitation of boreholes, and general environmental conservation.

So far, STADA has conducted over 2000 Health and Hygiene talks in both Kisumu and Kitui counties.

#### Latrine Construction

Open defecation is one of the challenges crippling the public health sector since it is responsible for most cases of water-borne diseases. STADA works to curb this challenge by constructing pit latrines, especially in schools. The result is a clean environment with limited fecal contamination.

STADA has managed to construct seven (9) latrines in schools within the community.



# Water Tank Distribution and Hand Washing Stations

Hand washing became common during the Covid-19 pandemic, as a way to curb the disease. STADA took it up as a platform to boost sanitation in the affected schools and communities. STADA also provides water tanks to schools to ensure that there is constant water flow in the institutions and public places. Throughout the implementation period, STADA has managed to construct seven (9) Handwashing stations, and set up seven (9) Water tanks in schools and the community.

# **NOVEMBER ACHIEVEMENTS**

In November, the number of drilled boreholes, rehabilitated and repaired pumps, alongside health and hygiene talks that were provided were as follows:

| Drilled<br>boreholes | Rehabilitated pumps | Repaired pumps | Health and hygiene talks | Total activities |
|----------------------|---------------------|----------------|--------------------------|------------------|
| 4                    | 2                   | 40             | 28                       | 74               |

# Output 4: Education Department

STADA aims at achieving SDG number 4, Quality Education, by ensuring that children going to school are comprehensively learning and achieving foundational literacy and numeracy as early as grade 3. Our vision is for each child to develop a curiosity about learning, discover their interests, and grow in their love of learning. STADA desires to develop a strong reading culture, an environment where reading is championed, valued, respected, and encouraged. This is achieved by fastening the abilities of those lagging behind in their ability to read. We desire to have all-around children, talented, disciplined, and confident in facing life challenges, as we prepare them for future leadership.

# **PROGRAMS**

#### a. STADA Community Library

With the vision of developing a strong reading culture in the children, we have established a community library equipped with books for all grades. This is to help children who are learning in schools that are ill-equipped with basic learning materials.

#### **Objectives**

- ❖ To promote a culture of reading among the children in the community.
- \* To alleviate immoral practices by giving someone a chance to be critical and creative.
- ❖ To equip learners with extra information from the class.



To bring information close to the people who might not under ordinary circumstances access such information.

### b. Accelerated Learning Program

To achieve Universal Literacy and Numeracy, STADA is implementing an Accelerated Learning Program, at the community library to fasten the abilities of children who are lagging behind in reading and doing basic numeracy. This is done through a one-on-one reading and numeracy assessment to generate a baseline of children's competencies.

#### **Activities**

- ❖ Assessments regular assessments are done to the learners to establish the level of literacy and numeracy competencies.
- **❖ Learning activities** after the assessment, the learners are grouped based on their levels and taught the basic skills they lacked.
- **❖ Tests and revision** monthly tests are administered to the learners to determine the level reached.
- ❖ Book reading sessions this is done regularly to expand members' personal literacy experience by reading and discussing works chosen by the learner in a friendly and open atmosphere.
- ❖ **Debate** This is to enable learners to formulate and express their ideas effectively, be more persuasive and confident when giving presentations and improve their one-on-one dealings with others.

#### c. Creative Hub

Talent incubation center to help young girls realize their potential. This is done through one-onone mentoring; each talented girl is matched with a mentor who is an expert in their field of interest. We have established different families: including, poetry/spoken word, dance, singing, drama, fashion design and modeling.

#### **Objectives**

- ❖ To boost participants' confidence by discovering their talents at an early age and start nurturing them.
- \* To develop participants' skills and enhance them.
- To provide a strong foundation in performing and creative arts.



### 5. Education Scholarship Program

Adolescent girls dropping out of school may lead to a high level of illiteracy, gender inequality, single motherhood, unemployment, and many more. To address this, we keep girls in school by advocating for their retention and offering financial support to those with low socioeconomic status. Our focus is on girls from marginalized communities who are recruited after the needs assessment.

#### **Objectives**

- ❖ To eliminate barriers to quality education and obstacles that girls face in pursuit of their education.
- ❖ To achieve gender equality and reduce inequality

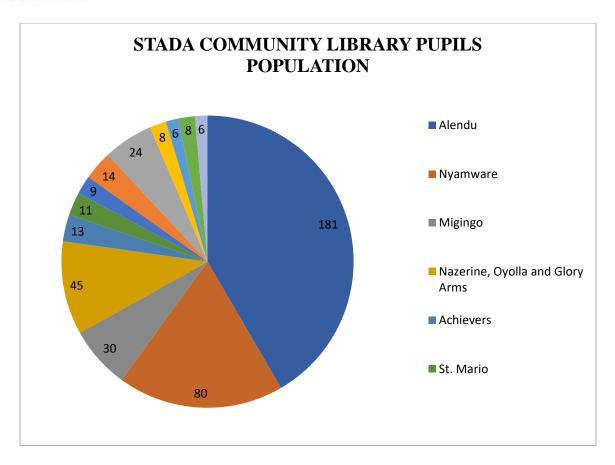
# **NOVEMBER ACHIEVEMENTS**

### Output 4.1: Community library

The activities conducted include:

- ❖ We conducted learning sessions and giving the assignments.
- We conducted storytelling this makes them to build their ability to speak boldly.
- ❖ We had adolescents' forum session with Gender department on life skill development with the aim of equipping students to have essential life skills on personal growth and development. Students got to discuss on understanding and defining life skill, importance, examples of key life skill and ways to develop them.
- ❖ We did creative hub which helps the student to have confident e.g. poems, tong twister, debate (motion being boarding school is better than day school).
- ❖ Conducted art and craft session to test their drawing skill.
- Population in the month of November was 435 and pie chart below represents the data.





#### **CHALLENGES**

- ❖ Lack of writing materials e.g. red pen and maker pen.
- Cable.

# Output 5: Humanitarian Department

Kisumu County has a number of vulnerable households, a majority of them being women and children. Other than facing difficult economic times occasioned by the tough economic times and effects of the global pandemic COVID- 19, Nyando Sub-County which is STADA's jurisdiction is prone to constant flooding.

The humanitarian department supports the county quick response team to identify the vulnerable and most affected families for rightful channeling of the much-needed help.

The department also offers supplementary support to the needy members of the community, with main focus on elderly widows with grandchildren and complete orphans.



Support to this vulnerable group is provided in the form of food, clothes, beddings, and medical support. The orphans (girls being the primary target) within the school going age bracket are offered scholarships on a need-basis to meet their educational needs.

STADA Kenya also focuses on matters of succession of land, in our area of jurisdiction. Widows are often disinherited after the death of their husbands especially in cases where they do not have children to protect them and that is where we come in to help them navigate the justice system for justice to be realized.

# **Objectives:**

- ❖ To ensure widows and orphans have access to basic needs including food, shelter, clothing and health.
- ❖ To promote justice, fairness, and equity to widows amidst the cultural norms such as inheritance, and land succession.

# NOVEMBER ACHIEVEMENTS

In November, no activities were conducted in the department, but meetings were held to plan for the subsequent activities.

# Output 7: Advocacy and Communication Department

STADA has continued to position itself as a policy maker in the matters affecting the people of Nyando Sub County and it is for this reason that we work closely with other actors such as the government, the general public, stakeholders and donors to develop policies that work in favor of the women and girls while remaining cognizant of the rights and needs of the men and boys.

The communication department plays a fundamental role in helping to amplify these policies, capture how the work done by STADA Kenya impacts people's lives as well as call key actors to action on specific issues that require their attention.

This department also focuses on proactive communication through stories, images, and videos to ensure the advancement of the organization's mission, and vision.

The Advocacy and Communication department is also responsible for the packaging of messages that we intend to relay to the general public in a simple language for easy understanding.

Our department's goals are;

- ❖ To segment our audience and package messages with clarity.
- ❖ To clarify the purpose and objectives of the organizations.
- \* To interpret policies and strategies.
- ❖ To ensure the connection between the internal and external public is maintained.
- ❖ To document every activity the organization engages in.



### These we do by;

- Keeping a photo and video library.
- ❖ Blogs
- Newsletters.
- Social media engagements.
- Bi-annual reports.

# NOVEMBER ACHIEVEMENTS

In November, the department conducted the following activities:

- ❖ Documented learning session in our community library.
- Pictures Editing.
- ❖ Livestreaming of STADA @4 thanksgiving service.
- ❖ Worked with Gender department on the kobura young mother's bios
- ❖ Wrote 2 testimonials on women I drilling.
- ❖ We had few lessons on adobe lightroom photo editor.
- ❖ We participated in the STADA @4 planning.
- We attended online meetings on the women and mental health and physical health grant.
- Supported gender department in: teen moms bios, reports uploads and personal hand written stories.

#### **Creative Arts**

- ❖ The first week, we had a session with Kobura teen mums at Stada complex to discuss on how best they can bring up their children, the topic was to impact them with knowledge of how to guide young ones during their development stage. The following were discussed:
  - The type of food stuff that a child should be getting and their various importance to a child.
  - The hygiene of the child and deliberate how as a young parent we can take good care of our children to ensure they are clean and protected from harmful germs which may compromise their health status.
  - Identification of skills in children at a young stage to help parents make a good decision for their children and to help them in supporting talents from a tender age.
- ❖ The second week of November arts department attended a consortium of artists from Kisumu County that was held at Kanyakuar Cultural Center, the meeting was to give guidance on rules and regulations that an artist within the region should adhere to, we were also updated on some fundamental rights and regulation that governs artist in the region.



# Output 8: Information Communication and Technology

The ICT department manages the organization's technological systems, and maintains their functions and underlying infrastructures. The personnel also ensure that the hardware and software are fully managed for their subsequent operations. The department also provides administrative, technical, and program support to the organization regarding system performance.

#### Activities undertaken:

- Installation of new software
- \* Research and procurement of IT hardware and supplies
- ❖ Participate in IT inventory asset management
- Assist in backup and recovery of digital assets
- Troubleshoot network issues
- Install video and audio conferencing
- ❖ Install and configure new printers, copiers and other equipment
- Provide and install cloud-based applications/services
- Repair hardware
- \* Website creation and management
- ❖ Development of organization's applications.

# **NOVEMBER ACHIEVEMENTS**

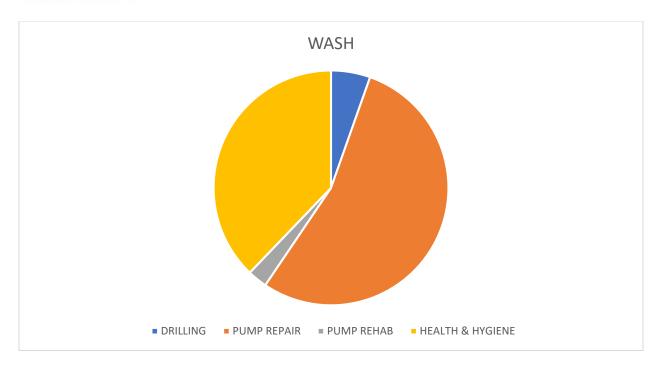
# 1. WASH REPORT COMPILATION

In the month of November as a department we managed to compile and submit WASH reports as follows:

- 1. Drilling 4 projects
- 2. Pump repair 40 projects
- 3. Pump Rehabilitation 2 projects
- 4. Health and Hygiene 28 projects

The above reports were compiled as represented in the pie chart below:





# 2. <u>LAPTOP PURCHASES AND REPAIRS</u>

In the month of November no new laptop was bought but we managed to update and activate operating system in laptop whose soft wares were outdated. We managed to handle laptops from the following departments:

- a. Education Department
- b. Pump repair

NOTE: The health and hygiene laptop is yet to be repaired as it requires a new hard disk.

# 3. <u>NETWORK FLOW OF THE MONTH</u>

In November, the diagnosis stream reports of the internet flow was good. The subscription was updated.

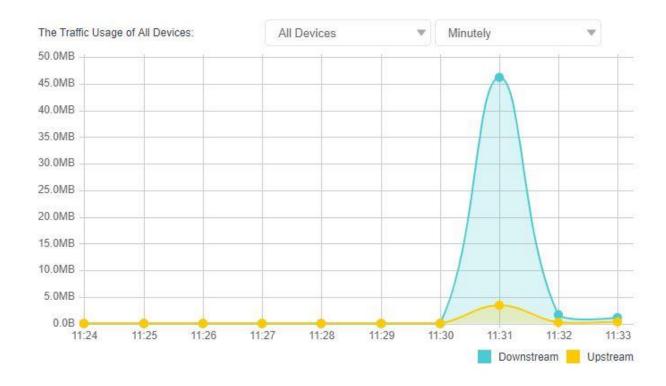


11.9 Mbps download 2.58
Mbps upload

Latency: 248 ms Server: Nairobi

Your Internet speed is fine.

Your Internet connection should be able to handle streaming an HD video. If multiple devices are streaming video at the same time, you may run into some congestion.





# 4. WEBSITE UPDATES

In the month of November we did not manage to update the organization's website.

# Output 9: Monitoring and Evaluation

The Monitoring and Evaluation Department oversees all the projects from their inception to closure. The M&E department collects, analyzes, and interprets data to STADA staff and key stakeholders of the organization. The department also evaluates the performance of the project against the set targets for the period of implementation.

#### **Objectives**

- ❖ To design a monitoring and evaluation framework for the underlying projects comprising: goals, outcomes, outputs, assumptions and pathways to change.
- \* To develop systems that capture information from inception to closure of programs.
- ❖ To design tools for data collection, both online and offline
- ❖ To collect and analyze data which is in turn translated to information to influence the performance/running of projects
- ❖ To apply the theory of change to assess the program performance within the reporting period.
- ❖ To conduct continuous quality improvement mechanisms to support the projects that require improvement to achieve the targets
- ❖ To design an appropriate beneficiary feedback mechanism, to assess the project performance and identify areas that require improvement.

# **NOVEMBER ACHIEVEMENTS**

The following activities were conducted by the Monitoring and Evaluation department in November:

- \* Received and complied departmental monthly reports and prepared presentation slides.
- Developed and reviewed data collection tools for activities.
- \* Took part in a meeting to discuss activity ideas for Action for Women grant.
- ❖ Developed a draft monitoring and evaluation logical framework for the CRIF project.
- ❖ Developed and reviewed two data collection tools for education department assessment. (For students & parents)
- Discussed possible activities for the 16 days of activism against gender-based violence.



# **PICTORIALS**



Teen mums' engagement at Nyabondo





A repaired water pump within Kakoth Community





Completely drilled and installed borehole at CCA Church Arombo





Health and hygiene talk at Kachiawo Community



Mental Health Assessment at Nyabondo Teen Moms' Centre





STADA at 4 Celebration at STADA Complex





Feeding Program at the community library





Learning session at the community library





Adolescent's Forum on Life skills Development





Group Photo with our guests at the Kobura Teen Moms' Centre